

# 2011 MIAC Women's Outdoor Honor Rolls

**As of June 3, 2011**

"\*" indicates event not run at Championships, but which can qualify an athlete. "C" indicates Converted time. Original times also listed. Click on the "event" links to move about the results. Use the Find option of your browser to find someone's name or team.

[Click here](#) for data on men

100 METER DASH

=====	NCAA Automatic	11.97	
Ashley Magelssen	Fr Bethel	12.32[+1.8w]	5/6 Howard Wood Dakota
=====	NCAA Provisional	12.33	
Shanek Telphia	So Augsburg	12.37[+0.9w]	5/6 Meet of the UnSaint
Christine Rozeske	Fr St. Thomas	12.39[+1.7w]	5/4 Tommie Twilight
Erin Sand	So St. Benedict	12.44[+1.2w]	5/4 Tommie Twilight
Emily Van Heel	Fr St. Thomas	12.46[+2.1w]	5/4 Tommie Twilight
Abby Neigebauer	Sr St. Benedict	12.52[+2.1w]	5/4 Tommie Twilight
Brianna Ludtke	Jr St. Catherine	12.54[+1.9w]	5/13 Miac Outdoor Champ
Ashley Carney	So Augsburg	12.56[+1.7w]	5/13 Miac Outdoor Champ
Krista McCright	So Bethel	12.68[+1.9w]	5/13 Miac Outdoor Champ
Christina Walker	So Hamline	12.69[+0.6w]	4/27 Hamline Women's Tw
10			
Alexa Kleingartner	Sr Concordia Moorhead	12.75[+1.7w]	5/13 Miac Outdoor Champ
Jenna Ewing	Sr St. Thomas	12.75[+1.6w]	3/19 Point Loma Collegi
Kari Ludwig	So Concordia Moorhead	12.79[+1.7w]	5/13 Miac Outdoor Champ
Clare Foley	Fr St. Benedict	12.80[+1.7w]	5/13 Miac Outdoor Champ
Natalie Decker	So Concordia Moorhead	12.85[+7.2w]	4/30 Al Cassell Relays
Janie Briant	Sr Gustavus	12.90[+5.3w]	4/30 11th Annual Drake
Sarah Baker	Jr Gustavus	12.91[+5.3w]	4/30 11th Annual Drake
Katie Vrieze	Sr Augsburg	12.94[+0.3w]	4/2 Hamline Invitationa
Madelin Skaalrud	Fr St. Catherine	12.96[+1.7w]	5/4 Tommie Twilight
Diane Beckius	So St. Benedict	12.96[+1.6w]	3/17 Aztec Open
20			
Alexa Simpson	So Macalester	12.97[+2.8w]	5/6 Meet of the UnSaint
Joyce Thompson	So St. Olaf	12.98[+1.9w]	5/13 Miac Outdoor Champ
Sam Levercom	Jr St. Catherine	12.98[+1.8w]	5/4 Tommie Twilight
Clare Murn	So St. Benedict	13.01[+0.3w]	4/2 Hamline Invitationa
Shasta Webb	So Macalester	13.04[+2.8w]	5/6 Meet of the UnSaint
Britta Olsen	Fr St. Olaf	13.06[+2.1w]	5/4 Tommie Twilight
Maggie Harris	Fr St. Thomas	13.12[+2.1w]	5/4 Tommie Twilight
Kandace Bostick	Fr Augsburg	13.14[+2.8w]	5/6 Meet of the UnSaint
Jennifer Ampe	Sr St. Catherine	13.15[+2.1w]	5/4 Tommie Twilight
Mandy Witschen	Fr St. Benedict	13.20[+1.7w]	5/13 Miac Outdoor Champ
30			
Traci Pastoors	Jr St. Thomas	13.20[+5.3w]	4/30 11th Annual Drake
Samantha Risan	Fr Concordia Moorhead	13.24[-0.7w]	4/15 University of Minn
Tara Reyelts	Fr St. Olaf	13.25	4/30 Janis Rider Invita
Courtney Fregeau	Fr Bethel	13.26[+2.1w]	5/4 Tommie Twilight
Dawn Flowers	Fr Augsburg	13.26[-6.4w]	4/21 Hamline Capitol Ci
Kim Engel	Sr St. Catherine	13.27[+1.3w]	4/16 Holst Invitational
Kirstin Anderson	Fr St. Benedict	13.29	4/30 Janis Rider Invita
Kristie Miller	So St. Thomas	13.29[+2.5w]	4/1 Wartburg College Se
Allie Canoy	Fr Gustavus	13.36[+3.2w]	4/30 11th Annual Drake
Becky Theisen	Sr St. Thomas	13.38[+2.1w]	5/4 Tommie Twilight
40			
Laura Farnam	Jr Concordia Moorhead	13.39[+5.2w]	4/30 Al Cassell Relays
Mallory Burnham	Fr St. Thomas	13.39[-1.8w]	4/8 Falcon Invitational
Gina Collings	Jr St. Olaf	13.45[+1.7w]	5/4 Tommie Twilight
Julia Thompson	Sr Gustavus	13.46[+3.0w]	4/30 11th Annual Drake
Alana Profit	Fr Hamline	13.46[+0.5w]	4/2 Hamline Invitationa
Mari Mejia	Sr Macalester	13.49[+1.7w]	5/6 Meet of the UnSaint
Sami Zopfi	So St. Olaf	13.49[+1.8w]	5/4 Tommie Twilight
=====	Last 2010 qualifier	13.49	
Adrianna Acosta	Fr Hamline	13.56	4/2 Hamline Invitationa
Danielle Bolme	Fr Concordia Moorhead	13.58[+5.2w]	4/30 Al Cassell Relays
Kyanna Jones	So Macalester	13.60[+0.3w]	4/21 Hamline Capitol Ci
50			
Alyssa Deutschmann	Sr Concordia Moorhead	13.60[+2.0w]	4/2 Hamline Invitationa
Cassie Reinke	Fr Hamline	13.64[+1.7w]	5/4 Tommie Twilight
Carly Braun	So Hamline	13.65[-6.4w]	4/21 Hamline Capitol Ci
Chelsey Marcio	So Augsburg	13.65	4/2 Hamline Invitationa

Jasmine Hardin	So St. Catherine	13.71[+1.8w]	5/4 Tommie Twilight
Emily Brown-Phillips	Fr Hamline	13.71[-1.7w]	4/27 Hamline Women's Tw
Kameron Argiannis	Sr Hamline	13.72[-3.0w]	4/21 Hamline Capitol Ci
Julianna Gorder	Sr St. Thomas	13.77[+2.5w]	4/30 11th Annual Drake
Hope Hertz	Fr Hamline	13.77[-3.8w]	4/21 Hamline Capitol Ci
Megan Erlandson	Jr Carleton	13.89[-3.8w]	4/21 Hamline Capitol Ci
60			
Haley Tsuji	Fr St. Catherine	13.94[+2.1w]	5/4 Tommie Twilight
Michelle Graf	Fr St. Thomas	13.98[+3.0w]	4/30 11th Annual Drake
Heather Rohrer	Fr Bethel	14.00	5/6 Howard Wood Dakota
Kaitlyn Boily	Sr Concordia Moorhead	14.00[-0.1w]	4/15 University of Minn
Mayo Sonko	So Macalester	14.03[+1.6w]	4/2 Hamline Invitationa
Lauren Rothschiller	So Gustavus	14.16[-0.2w]	4/16 11th Annual Lee Kr
Megan Meads	Fr Carleton	14.18[-1.0w]	4/8 Falcon Invitational
Maggie Sullivan	Fr Carleton	14.23[+1.3w]	4/30 St. Mary's Invite
Hayley Schnell	So St. Thomas	14.37[+1.9w]	4/1 Wartburg College Se
Yenee Soh	Fr Macalester	14.48[+1.7w]	5/6 Meet of the UnSaint
70			
Kaylin Ness	Fr Concordia Moorhead	14.91	4/2 Hamline Invitationa
Kathryn Medinger	Fr Macalester	14.99[+0.5w]	4/2 Hamline Invitationa
Nicole Orth	So St. Catherine	15.01[+2.1w]	5/4 Tommie Twilight
Meredith Rothstein	So St. Thomas	15.16[+1.2w]	4/1 Wartburg College Se
Kristell Caballero-Sauc	So St. Olaf	15.23[-1.8w]	4/8 Falcon Invitational
Jane Dorn	Fr St. Thomas	15.24[+1.9w]	4/1 Wartburg College Se
Maria Rojas	So St. Catherine	15.89[+2.1w]	5/4 Tommie Twilight

77 entrants

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#) | [STEEP](#)  
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)  
[PV](#) | [HEP](#) | [Top](#)

#### 200 METER DASH

=====	NCAA Automatic	24.50	
Shanek Telpia	So Augsburg	25.03[-0.9w]	5/26 Ncaa Outdoor Champ
Ashley Magelssen	Fr Bethel	25.24[+1.1w]	5/6 Howard Wood Dakota
=====	NCAA Provisional	25.25	
Emily Van Heel	Fr St. Thomas	25.27	4/8 Falcon Invitational
Ana Armitage	Fr Macalester	25.70[+1.0w]	4/30 Janis Rider Invita
Erin Sand	So St. Benedict	25.83[+1.8w]	4/30 Janis Rider Invita
Christina Walker	So Hamline	25.89[-2.4w]	5/6 Meet of the UnSaint
Katie Vrieze	Sr Augsburg	25.89[+1.6w]	4/2 Hamline Invitationa
Christine Rozeske	Fr St. Thomas	26.15[-2.9w]	5/13 Miac Outdoor Champ
Jillian Daleiden	Sr St. Benedict	26.18[-1.6w]	5/13 Miac Outdoor Champ
Jenna Ewing	Sr St. Thomas	26.22[+0.9w]	3/19 Point Loma Collegi
10			
Krista McCright	So Bethel	26.27[-0.9w]	5/6 Howard Wood Dakota
Kaari Jensen	So Concordia Moorhead	26.31[+3.4w]	5/26 Ncaa Outdoor Champ
Dayna Pitts	Fr Bethel	26.38[-1.4w]	5/6 Howard Wood Dakota
Kari Ludwig	So Concordia Moorhead	26.38[-1.2w]	5/7 Ron Masanz Track &
Abby Neigebauer	Sr St. Benedict	26.41[-2.9w]	5/13 Miac Outdoor Champ
Alexa Simpson	So Macalester	26.48[+1.1w]	4/30 Janis Rider Invita
Janey Helland	Sr Gustavus	26.52[+3.4w]	5/26 Ncaa Outdoor Champ
Kim Engel	Sr St. Catherine	26.53[+1.2w]	5/4 Tommie Twilight
Allison Eckrich	Jr St. Benedict	26.53[+1.3w]	3/17 Aztec Open
Dawn Flowers	Fr Augsburg	26.54	4/8 Falcon Invitational
20			
Ashley Carney	So Augsburg	26.57[+1.5w]	5/4 Tommie Twilight
Brianna Ludtke	Jr St. Catherine	26.58[+1.2w]	5/4 Tommie Twilight
Diane Beckius	So St. Benedict	26.68[+1.6w]	4/2 Hamline Invitationa
Clare Foley	Fr St. Benedict	26.69	4/8 Falcon Invitational
Gina Weiss	Fr Concordia Moorhead	26.71[-1.2w]	5/7 Ron Masanz Track &
Janie Briant	Sr Gustavus	26.78[+4.8w]	4/30 11th Annual Drake
Steph Kortan	Sr St. Benedict	26.86[+0.7w]	5/5 2011 Miac Multis
Kandace Bostick	Fr Augsburg	26.91[+1.2w]	4/2 Hamline Invitationa
Erin Coughlin	So St. Catherine	26.92[+1.2w]	5/4 Tommie Twilight
Abby Karl	Sr Gustavus	26.97	4/16 11th Annual Lee Kr

30

Allie Canoy	Fr Gustavus	27.00[+4.8w]	4/30 11th Annual Drake
Tara Reyelts	Fr St. Olaf	27.02[+1.0w]	4/30 Janis Rider Invita
=====	Last 2010 qualifier	27.02	
Mandy Witschen	Fr St. Benedict	27.08[+0.7w]	5/5 2011 Miac Multis
Clare Murn	So St. Benedict	27.08[+1.7w]	3/17 Aztec Open
Maggie Harris	Fr St. Thomas	27.15[-0.1w]	4/8 Falcon Invitational
Diaga Kravale	Fr Macalester	27.23[-1.4w]	5/6 Meet of the UnSaint
Macey Bentley	Sr Concordia Moorhead	27.27[+0.7w]	5/5 2011 Miac Multis
Kirstin Anderson	Fr St. Benedict	27.31[+0.0w]	3/17 Aztec Open
Joyce Thompson	So St. Olaf	27.36[+1.0w]	4/30 Janis Rider Invita
Kameron Argiannis	Sr Hamline	27.41[-2.1w]	4/8 Falcon Invitational
40			
Kyla Walter	Sr Carleton	27.44	3/26 Point Loma
Kyanna Jones	So Macalester	27.50[+1.2w]	4/30 Janis Rider Invita
Courtney Fregeau	Fr Bethel	27.52[-2.9w]	5/13 Miac Outdoor Champ
Shasta Webb	So Macalester	27.61[+1.0w]	4/30 Janis Rider Invita
Keelie Sorensen	Fr Hamline	27.61[+1.7w]	4/2 Hamline Invitationa
Rebecca Krueger	Fr Saint Mary's	27.62	5/7 Warrior Open
Sarah Baker	Jr Gustavus	27.68	4/1 Wartburg College Se
Danielle Burgmeier	Jr Gustavus	27.73[-0.1w]	4/8 Falcon Invitational
Kristie Miller	So St. Thomas	27.80[+7.4w]	4/30 11th Annual Drake
Samantha Risan	Fr Concordia Moorhead	27.83[-1.2w]	5/7 Ron Masanz Track &
50			
Julia Thompson	Sr Gustavus	27.84[+7.4w]	4/30 11th Annual Drake
Sami Kemper	Fr Carleton	27.84	3/18 Aztec Invitational
Katrina Gerzema	So Concordia Moorhead	27.86[+1.7w]	4/2 Hamline Invitationa
Traci Pastoors	Jr St. Thomas	27.91[-1.8w]	4/8 Falcon Invitational
Julia Renner	Jr St. Benedict	27.96[-2.3w]	4/8 Falcon Invitational
Erica Roelofs	Jr Gustavus	27.97[+0.7w]	5/5 2011 Miac Multis
Mallory Burnham	Fr St. Thomas	27.97[-0.1w]	4/8 Falcon Invitational
Samantha Krause	Fr Concordia Moorhead	27.99[-1.2w]	5/7 Ron Masanz Track &
Megan Erlandson	Jr Carleton	28.02[+1.2w]	4/2 Hamline Invitationa
Natalie Decker	So Concordia Moorhead	28.05	3/26 Csb/Sju 3-26-11
60			
Alexa Kleingartner	Sr Concordia Moorhead	28.07	3/26 Csb/Sju 3-26-11
Alana Profit	Fr Hamline	28.15[+0.2w]	4/8 Falcon Invitational
Emily Brown-Phillips	Fr Hamline	28.19[+1.7w]	4/2 Hamline Invitationa
Chelsey Marcio	So Augsburg	28.19[+1.2w]	4/2 Hamline Invitationa
Kacie Bahr	Jr Augsburg	28.21[-1.4w]	5/6 Meet of the UnSaint
Britta Olsen	Fr St. Olaf	28.22[+2.5w]	5/4 Tommie Twilight
Becca Neuger	Sr St. Olaf	28.25	4/27 Hamline Women's Tw
Marta LeFevre-Levy	Fr Macalester	28.26[-1.4w]	5/6 Meet of the UnSaint
Maggie Sullivan	Fr Carleton	28.27	3/18 Aztec Invitational
Madelin Skaalrud	Fr St. Catherine	28.29[-3.0w]	4/21 Hamline Capitol Ci
70			
Emily Klatt	Jr Gustavus	28.30[-0.1w]	4/8 Falcon Invitational
Adrianna Acosta	Fr Hamline	28.31[+1.7w]	4/2 Hamline Invitationa
Laura Secor	Sr Gustavus	28.39[+6.2w]	4/30 11th Annual Drake
Gina Collings	Jr St. Olaf	28.41[+1.0w]	4/30 Janis Rider Invita
Sara Parsons	So Concordia Moorhead	28.42	3/26 Csb/Sju 3-26-11
Emily Swenson	So St. Benedict	28.44[+0.7w]	5/5 2011 Miac Multis
Carly Braun	So Hamline	28.45[-1.7w]	4/21 Hamline Capitol Ci
Cassie Reinke	Fr Hamline	28.47[-1.4w]	5/6 Meet of the UnSaint
Julianna Gorder	Sr St. Thomas	28.49[+0.2w]	4/8 Falcon Invitational
Emily Wilson	So St. Thomas	28.53[+0.2w]	4/8 Falcon Invitational
80			
Rachel Kalk	Fr Bethel	28.60[-0.1w]	4/8 Falcon Invitational
Mari Mejia	Sr Macalester	28.62[-2.2w]	5/6 Meet of the UnSaint
Callie Knaeble	Jr St. Olaf	28.72[+1.2w]	4/30 Janis Rider Invita
Jasmine Hardin	So St. Catherine	28.74[-0.5w]	4/27 Hamline Women's Tw
Lynn Robohm	Jr Hamline	28.74[-0.1w]	4/8 Falcon Invitational
Kaitlyn Boily	Sr Concordia Moorhead	28.80	4/2 Hamline Invitationa
Sara McNary	Fr Saint Mary's	28.83	4/30 St. Mary's Invite
Olivia Decker	Fr Concordia Moorhead	28.85[-1.0w]	5/5 2011 Miac Multis
Michelle Graf	Fr St. Thomas	29.00[+0.2w]	4/8 Falcon Invitational
Katie Ulvestad	Fr St. Olaf	29.09[+1.0w]	4/30 Janis Rider Invita
90			
Alex Dunn	Sr Carleton	29.26	3/19 Point Loma
Adrienne Young	So Augsburg	29.26[+1.2w]	4/2 Hamline Invitationa
Kayti Helm	Fr St. Benedict	29.26	3/26 Csb/Sju 3-26-11
Rachel Meemken	Jr Bethel	29.34[+0.1w]	4/8 Falcon Invitational

Kortney Krueger	Fr St. Olaf	29.45[-0.1w]	4/8 Falcon Invitational
Ellen Hawley	So St. Olaf	29.76[+1.2w]	4/30 Janis Rider Invita
Caitlin Daggett	Fr Concordia Moorhead	29.85[-1.9w]	4/15 University of Minn
Caroline Haik	Jr St. Benedict	29.89[+1.7w]	3/17 Aztec Open
Kathryn Medinger	Fr Macalester	29.91[+2.4w]	4/30 Janis Rider Invita
Heather Rohrer	Fr Bethel	30.11[-0.1w]	4/8 Falcon Invitational
100			
Kristin Boyum	So Concordia Moorhead	30.28[-1.0w]	5/5 2011 Miac Multis
Marie Buchner	Fr St. Olaf	30.28[+2.4w]	4/30 Janis Rider Invita
Meredith Rothstein	So St. Thomas	30.48[+2.5w]	5/4 Tommie Twilight
Kaylin Ness	Fr Concordia Moorhead	31.45	4/2 Hamline Invitationa
Katie Barkley	Fr Concordia Moorhead	31.86[-1.2w]	5/7 Ron Masanz Track &
105 entrants			

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#) | [STEEP](#)  
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)  
[PV](#) | [HEP](#) | [Top](#)

#### 400 METER DASH

=====	NCAA Automatic	55.70	
Shanek Telpkia	So Augsburg	57.02	4/21 Hamline Capitol Ci
Jillian Daleiden	Sr St. Benedict	57.26	5/13 Miac Outdoor Champ
Emily Van Heel	Fr St. Thomas	57.28	4/1 Wartburg College Se
=====	NCAA Provisional	57.30	
Abby Karl	Sr Gustavus	58.60	5/13 Miac Outdoor Champ
Erin Coughlin	So St. Catherine	58.65	5/13 Miac Outdoor Champ
Becca Neuger	Sr St. Olaf	58.65	5/13 Miac Outdoor Champ
Kim Engel	Sr St. Catherine	58.68	5/4 Tommie Twilight
Amanda Iverson	So Gustavus	58.85	5/13 Miac Outdoor Champ
Gina Weiss	Fr Concordia Moorhead	58.98	5/7 Ron Masanz Track &
Diaga Kravale	Fr Macalester	59.11	5/13 Miac Outdoor Champ
10			
Erin Sand	So St. Benedict	59.39	4/8 Falcon Invitational
Katie Vrieze	Sr Augsburg	59.47	3/19 USC Trojan Invitat
Christina Walker	So Hamline	59.68	5/4 Tommie Twilight
Allison Eckrich	Jr St. Benedict	59.69	3/26 Csb/Sju 3-26-11
Tara Reyelts	Fr St. Olaf	59.77	5/4 Tommie Twilight
Kayla Engel	Sr St. Catherine	60.03	4/27 Hamline Women's Tw
Ashley Magelssen	Fr Bethel	60.40	4/2 Hamline Invitationa
Kaitlyn Frenchick	Jr Hamline	60.45	5/4 Tommie Twilight
Clare Franco	Jr Carleton	60.46	3/18 Aztec Invitational
Morgan Christian	Fr Concordia Moorhead	60.47	5/7 Ron Masanz Track &
20			
Marta LeFevre-Levy	Fr Macalester	60.53	4/30 Janis Rider Invita
Brittany Kuehn	Sr Saint Mary's	60.58	4/22 Winona State Easte
Callie Christianson	Fr Concordia Moorhead	60.91	5/7 Ron Masanz Track &
Ruth Ranum	Sr Concordia Moorhead	60.95	5/13 Miac Outdoor Champ
Bethany Schmidt	Fr Saint Mary's	61.01	4/30 St. Mary's Invite
Dayna Pitts	Fr Bethel	61.03	4/2 Hamline Invitationa
Kacie Bahr	Jr Augsburg	61.13	5/13 Miac Outdoor Champ
Danielle Burgmeier	Jr Gustavus	61.50	4/30 11th Annual Drake
Becky Theisen	Sr St. Thomas	61.67	4/27 Hamline Women's Tw
Paige Rygg	Fr Concordia Moorhead	61.73	5/3 Cobber Sunny Day Me
30			
Megan Hoffman	So Concordia Moorhead	61.75	4/2 Hamline Invitationa
Megan Lundgren	Sr Gustavus	61.87	4/30 11th Annual Drake
Amelia Schmidt	Jr Gustavus	62.53	4/21 Hamline Capitol Ci
Ellen Hawley	So St. Olaf	62.65	5/4 Tommie Twilight
Jamie Mosel	Jr St. Olaf	62.73	4/30 Janis Rider Invita
Lindsey Wales	Fr St. Benedict	62.79	4/21 Hamline Capitol Ci
Kim Eskuri	Sr St. Benedict	62.83	4/8 Falcon Invitational
Diane Beckius	So St. Benedict	62.93	3/26 Csb/Sju 3-26-11
Sami Kemper	Fr Carleton	63.00	4/30 St. Mary's Invite
Emily Brown-Phillips	Fr Hamline	63.08	4/2 Hamline Invitationa
40			
Brady Pennig	Sr St. Olaf	63.38	4/30 Janis Rider Invita
Emily Wilson	So St. Thomas	63.65	5/13 Miac Outdoor Champ

Kristiana Sather	Jr Concordia Moorhead	63.73	5/7 Ron Masanz Track &
Callie Knaeble	Jr St. Olaf	63.95	5/4 Tommie Twilight
=====	Last 2010 qualifier	63.95	
Katie Ulvestad	Fr St. Olaf	64.06	4/27 Hamline Women's Tw
Samantha Krause	Fr Concordia Moorhead	64.33	5/7 Ron Masanz Track &
Kaitlyn Boily	Sr Concordia Moorhead	64.57	5/13 Miac Outdoor Champ
Gia Puch	Jr Saint Mary's	64.69	5/13 Miac Outdoor Champ
Caitlin Daggett	Fr Concordia Moorhead	64.80	4/16 Women's Cobber-Dra
Alex Dunn	Sr Carleton	64.86	3/19 Point Loma
50			
Kathleen Stefely	Jr St. Olaf	64.87	4/27 Hamline Women's Tw
Adrienne Young	So Augsburg	64.99	5/6 Meet of the UnSaint
Kayti Helm	Fr St. Benedict	65.25	3/26 Csb/Sju 3-26-11
Emily Anderson	Fr Bethel	65.72	4/8 Falcon Invitational
Emma Ranum	So Concordia Moorhead	66.31	3/26 Csb/Sju 3-26-11
Kirstin Anderson	Fr St. Benedict	66.43	4/30 Janis Rider Invita
Kyla Walter	Sr Carleton	66.61	4/27 Hamline Women's Tw
Brittney Kolstad	Sr Concordia Moorhead	66.77	4/16 Women's Cobber-Dra
Britta Olsen	Fr St. Olaf	66.87	4/30 Janis Rider Invita
Kristina Burk	Fr St. Benedict	66.96	3/17 Aztec Open
60			
Sara McNary	Fr Saint Mary's	67.34	4/30 St. Mary's Invite
Kelsey Jensen	So Gustavus	67.45	5/6 Meet of the UnSaint
Jackie Destache	Fr St. Thomas	67.87	3/19 Point Loma Collegi
Rachel Darling	Sr St. Olaf	68.17	4/30 Janis Rider Invita
Emily King	So St. Olaf	68.49	4/30 Janis Rider Invita
Katie Barkley	Fr Concordia Moorhead	70.71	5/3 Cobber Sunny Day Me
Marie Buchner	Fr St. Olaf	71.09	4/27 Hamline Women's Tw
Annie Garrigan	Jr Saint Mary's	72.25	4/30 St. Mary's Invite

68 entrants

100 | 200 | 400 | 800 | 1500 | 5000 | 10000 | 100H | 400H | STEEP  
4X100 | 4X400 | 4X800 | LJ | TJ | SP | DT | HT | JT | HJ  
PV | HEP | Top

#### 800 METER RUN

=====	NCAA Automatic	2:10.60	
Tara McCoy	Jr Macalester	2:12.34	5/26 Ncaa Outdoor Champ
Megan Lundgren	Sr Gustavus	2:14.22	5/6 Meet of the UnSaint
=====	NCAA Provisional	2:14.40	
Robin Major	Jr Macalester	2:15.45	5/4 Tommie Twilight
Kayla Engel	Sr St. Catherine	2:16.98	5/4 Tommie Twilight
Brittany Kuehn	Sr Saint Mary's	2:17.68	5/4 Tommie Twilight
Molly Noel	Sr St. Benedict	2:17.95	5/4 Tommie Twilight
Laura Cook	Sr St. Olaf	2:18.13	5/4 Tommie Twilight
Alex Potter	Sr Bethel	2:18.37	5/6 Howard Wood Dakota
Janey Helland	Sr Gustavus	2:19.47	5/26 Ncaa Outdoor Champ
Anna Williams	So St. Benedict	2:19.57	4/30 Janis Rider Invita
10			
Kayla Jelen	Sr Bethel	2:19.67	5/6 Howard Wood Dakota
Clare Franco	Jr Carleton	2:19.91	4/2 Hamline Invitationa
Moriah Novacinski	Fr St. Olaf	2:20.16	5/4 Tommie Twilight
Morgan Christian	Fr Concordia Moorhead	2:20.30	5/3 Cobber Sunny Day Me
Kaitlyn Frenchick	Jr Hamline	2:20.31	5/6 Meet of the UnSaint
Libby Tollefson	Jr Macalester	2:21.12	5/6 Meet of the UnSaint
Callie Christianson	Fr Concordia Moorhead	2:21.18	5/13 Miac Outdoor Champ
Jessica Kociscak	Sr Hamline	2:21.25	5/6 Meet of the UnSaint
Steph Kortan	Sr St. Benedict	2:21.67	4/8 Falcon Invitational
Caitlin Schnettler	Sr St. Benedict	2:21.74	5/4 Tommie Twilight
20			
Erin Sheehan	Fr St. Thomas	2:21.83	4/8 Falcon Invitational
Lindsey Wales	Fr St. Benedict	2:21.93	4/30 Janis Rider Invita
Jamie Mosel	Jr St. Olaf	2:22.16	5/13 Miac Outdoor Champ
Sami Kemper	Fr Carleton	2:22.55	5/5 2011 Miac Multis
Sarah Trautman	Fr Carleton	2:22.58	5/4 Tommie Twilight
Jen Strong	Fr St. Thomas	2:22.58	4/1 Wartburg College Se
Haley Diem	Fr Augsburg	2:22.64	5/6 Meet of the UnSaint

Michelle Benson	Sr Bethel	2:23.02	5/6 Howard Wood Dakota
Laura Secor	Sr Gustavus	2:23.54	5/5 2011 Miac Multis
Robin Stramp	Fr St. Olaf	2:23.58	4/21 Hamline CapitolCit
30			
Maria Theisen	Fr Hamline	2:23.70	5/4 Tommie Twilight
Sara Holland	Sr Hamline	2:23.72	5/6 Meet of the UnSaint
Taylor Berg	So St. Thomas	2:24.08	4/30 Janis Rider Invita
Alex Dunn	Sr Carleton	2:24.10	4/30 St. Mary's Invite
Kim Eskuri	Sr St. Benedict	2:24.14	5/4 Tommie Twilight
Kristiana Sather	Jr Concordia Moorhead	2:24.30	5/3 Cobber Sunny Day Me
Jenny Hendricks	So Gustavus	2:24.35	5/6 Meet of the UnSaint
Kameron Argiannis	Sr Hamline	2:24.43	4/8 Falcon Invitational
Kelsie Larson	Fr St. Benedict	2:24.69	4/8 Falcon Invitational
Paige Schember	Fr St. Olaf	2:24.74	5/4 Tommie Twilight
40			
Ashley Irons	Sr St. Benedict	2:24.84	4/30 Janis Rider Invita
Sarah Ziegenhorn	Sr Macalester	2:24.86	5/4 Tommie Twilight
Alison Smyth	Jr Carleton	2:25.39	4/21 Hamline CapitolCit
Abby Karl	Sr Gustavus	2:25.41	4/30 11th Annual Drake
Paige Rygg	Fr Concordia Moorhead	2:25.69	5/7 Ron Masanz Track &
Amanda Leone	Fr St. Olaf	2:25.74	4/21 Hamline CapitolCit
Tera Hereid	Fr Bethel	2:26.23	4/2 Hamline Invitationa
Sarah McNamara	Fr St. Thomas	2:26.53	5/4 Tommie Twilight
Abby Engelhart	Fr St. Olaf	2:26.60	5/4 Tommie Twilight
Katherine Ehrenreich	Fr Macalester	2:26.92	5/4 Tommie Twilight
50			
Shelby Yoakum	So St. Thomas	2:26.96	4/30 Janis Rider Invita
Macey Bentley	Sr Concordia Moorhead	2:27.05	5/5 2011 Miac Multis
Brady Pennig	Sr St. Olaf	2:27.23	5/13 Miac Outdoor Champ
Joanna Pace	Sr Saint Mary's	2:27.37	5/7 Warrior Open
Britney Barnett	Sr Concordia Moorhead	2:27.60	5/3 Cobber Sunny Day Me
Laura Zwilling	Jr Bethel	2:27.69	4/8 Falcon Invitational
Clare Murn	So St. Benedict	2:27.88	5/5 2011 Miac Multis
Regina Quandt	Jr Saint Mary's	2:27.94	5/4 Tommie Twilight
Emily Anderson	Fr Bethel	2:28.02	4/2 Hamline Invitationa
Kelsey Eder	So St. Catherine	2:28.38	5/4 Tommie Twilight
60			
Gina Weiss	Fr Concordia Moorhead	2:28.46	4/15 University of Minn
Erica Roelofs	Jr Gustavus	2:28.71	5/5 2011 Miac Multis
Kathryn Medinger	Fr Macalester	2:28.75	5/6 Meet of the UnSaint
Kaari Jensen	So Concordia Moorhead	2:29.05	5/26 Ncaa Outdoor Champ
Emily Brown-Phillips	Fr Hamline	2:29.27	4/21 Hamline CapitolCit
Danielle Burgmeier	Jr Gustavus	2:29.38	4/16 11th Annual Lee Kr
Asha Ghassemlouei	Fr Hamline	2:29.58	4/27 Hamline Women's Tw
Emily Dee	Sr Saint Mary's	2:29.96	5/4 Tommie Twilight
Natalie Ristau	So Gustavus	2:30.25	5/6 Meet of the UnSaint
Emma Crumley	Fr St. Olaf	2:30.54	5/4 Tommie Twilight
70			
Emma Swinford	Jr Macalester	2:30.69	5/6 Meet of the UnSaint
Mandy Witschen	Fr St. Benedict	2:30.96	5/5 2011 Miac Multis
Stephanie Mueller	Fr St. Catherine	2:31.47	4/27 Hamline Women's Tw
Megan Meads	Fr Carleton	2:31.51	4/2 Hamline Invitationa
Carrie Harshbarger	So Carleton	2:31.78	5/4 Tommie Twilight
Raynee DeGrio	Sr St. Thomas	2:32.67	4/30 Janis Rider Invita
Milana Socha	Fr Carleton	2:32.67	4/2 Hamline Invitationa
Alexa Wachter	Fr St. Benedict	2:32.94	4/2 Hamline Invitationa
Kaia Lunde	So Concordia Moorhead	2:33.11	5/7 Ron Masanz Track &
Erin Daly	Fr Macalester	2:33.32	5/4 Tommie Twilight
80			
Emma Ranum	So Concordia Moorhead	2:33.42	4/16 Women's Cobber-Dra
Olivia Decker	Fr Concordia Moorhead	2:33.67	5/5 2011 Miac Multis
Annie Keller	Fr St. Thomas	2:33.78	4/8 Falcon Invitational
Amber Hoban	Sr Hamline	2:33.96	5/4 Tommie Twilight
Bethany Murray	Fr Gustavus	2:35.43	4/8 Falcon Invitational
Maggie Bryant	Jr St. Thomas	2:36.38	4/8 Falcon Invitational
Sally Cole	So St. Olaf	2:36.41	4/30 Janis Rider Invita
Nicole Ball	Fr Gustavus	2:36.57	5/6 Meet of the UnSaint
Sam Perry	Fr St. Thomas	2:36.79	4/8 Falcon Invitational
Kyla Walter	Sr Carleton	2:36.82	4/21 Hamline CapitolCit
90			
Lyndsi Schwichtenberg	Fr Gustavus	2:37.89	4/8 Falcon Invitational

Devon Kristiansen	Jr Macalester	2:38.22	4/21 Hamline CapitolCit
Kristin Boyum	So Concordia Moorhead	2:38.69	5/5 2011 Miac Multis
Katy Howell	Fr Macalester	2:39.16	5/4 Tommie Twilight
Sarah Howe	Fr St. Catherine	2:40.45	4/2 Hamline Invitationa
Rachel Darling	Sr St. Olaf	2:40.52	5/4 Tommie Twilight
Hannah Toedter	Fr Hamline	2:40.62	4/21 Hamline CapitolCit
=====	Last 2010 qualifier	2:41.25	
Taisa Kushner	Fr St. Olaf	2:42.10	5/6 Meet of the UnSaint
Keeley Susienka	Fr St. Olaf	2:42.61	5/4 Tommie Twilight
Katie Barkley	Fr Concordia Moorhead	2:42.80	3/26 Csb/Sju 3-26-11
100			
Emily King	So St. Olaf	2:42.94	5/6 Meet of the UnSaint
Kelsey Gantzer	So St. Thomas	2:43.41	4/21 Hamline CapitolCit
Kristina Burk	Fr St. Benedict	2:43.91	3/26 Csb/Sju 3-26-11
Jennifer Pulscher	Jr Augsburg	2:45.45	4/21 Hamline CapitolCit
Maggie Sullivan	Fr Carleton	2:45.57	3/18 Aztec Invitational
Julia Renner	Jr St. Benedict	2:46.12	4/8 Falcon Invitational
Hanna Helwig	So St. Olaf	2:46.74	5/4 Tommie Twilight
Kristen Nelson	So St. Olaf	2:46.85	4/27 Hamline Women's Tw
Emily Swenson	So St. Benedict	2:49.45	5/5 2011 Miac Multis
Margaret Christner	Sr St. Olaf	2:49.69	5/4 Tommie Twilight
110			
Nicole Woinarowicz	Fr Concordia Moorhead	2:50.22	4/16 Women's Cobber-Dra
Charlotte Sivanich	Jr St. Olaf	2:52.03	5/4 Tommie Twilight
Kelsey Grinde	Fr St. Olaf	2:52.93	5/4 Tommie Twilight
Caroline Haik	Jr St. Benedict	2:56.63	3/17 Aztec Open
Laura Newcombe	Fr Carleton	2:59.82	4/30 St. Mary's Invite
Libby Magnuson	So St. Olaf	2:59.98	4/27 Hamline Women's Tw
Anne Marie Sketch	Fr Hamline	3:03.46	4/27 Hamline Women's Tw

117 entrants

100 | 200 | 400 | 800 | 1500 | 5000 | 10000 | 100H | 400H | STEEP  
4X100 | 4X400 | 4X800 | LJ | TJ | SP | DT | HT | JT | HJ  
PV | HEP | Top

1500 METER RUN

=====	NCAA Automatic	4:29.20	
=====	NCAA Provisional	4:38.00	
Simone Childs-Walker	Jr Carleton	4:44.73	5/4 Tommie Twilight
Tara McCoy	Jr Macalester	4:47.68	4/21 Hamline Capitol Ci
Jessica Kociscak	Sr Hamline	4:48.21	5/4 Tommie Twilight
Maria Theisen	Fr Hamline	4:48.23	5/6 Meet of the UnSaint
Libby Tollefson	Jr Macalester	4:48.48	5/4 Tommie Twilight
Allie Metzler	Sr St. Thomas	4:48.97	4/1 Wartburg College Se
Alison Smyth	Jr Carleton	4:49.21	5/4 Tommie Twilight
Taylor Berg	So St. Thomas	4:49.22	5/4 Tommie Twilight
Anna Williams	So St. Benedict	4:49.89	5/4 Tommie Twilight
Erin Statz	Fr St. Thomas	4:50.36	5/4 Tommie Twilight
10			
Molly Noel	Sr St. Benedict	4:50.58	5/13 Miac Outdoor Champ
Alex Potter	Sr Bethel	4:51.13	4/21 Hamline Capitol Ci
Jen Strong	Fr St. Thomas	4:51.25	4/21 Hamline Capitol Ci
Moriah Novacinski	Fr St. Olaf	4:51.62	4/30 Janis Rider Invita
Beth Hauer	So Gustavus	4:52.54	5/6 Meet of the UnSaint
Kayla Jelen	Sr Bethel	4:52.94	4/2 Hamline Invitationa
Sara Holland	Sr Hamline	4:52.97	5/4 Tommie Twilight
Britney Barnett	Sr Concordia Moorhead	4:53.53	5/13 Miac Outdoor Champ
Katy Torchia	Sr St. Benedict	4:55.46	4/2 Hamline Invitationa
Lauren Carlson	So St. Olaf	4:55.70	4/21 Hamline Capitol Ci
20			
Amanda Leone	Fr St. Olaf	4:56.55	4/30 Janis Rider Invita
Sarah Trautman	Fr Carleton	4:56.63	5/13 Miac Outdoor Champ
Brooke Beskau	Sr Gustavus	4:56.68	5/6 Meet of the UnSaint
Andi Gomoll	So St. Olaf	4:56.72	5/4 Tommie Twilight
Paige Schember	Fr St. Olaf	4:56.96	5/13 Miac Outdoor Champ
Elisabeth Hanson	So Concordia Moorhead	4:57.37	5/7 Ron Masanz Track &
Andrea Dittman	Jr St. Olaf	4:57.67	5/4 Tommie Twilight

Ashley Irons	Sr St. Benedict	4:58.29	4/8 Falcon Invitational
Caitlin Schnettler	Sr St. Benedict	4:59.94	3/26 Csb/Sju 3-26-11
Katie Schwarz	Sr St. Benedict	5:00.26	4/21 Hamline Capitol Ci
30			
Megan Lundgren	Sr Gustavus	5:00.93	4/8 Falcon Invitational
Laura Cook	Sr St. Olaf	5:00.99	4/27 Hamline Women's Tw
Taylor ffitch	Jr Carleton	5:01.00	3/18 Aztec Invitational
Shelby Yoakum	So St. Thomas	5:01.5	4/21 Hamline Capitol Ci
Lauren Howe	Sr Hamline	5:01.6	4/21 Hamline Capitol Ci
Megan Smith	So St. Benedict	5:02.12	5/4 Tommie Twilight
Laura Secor	Sr Gustavus	5:02.33	4/30 11th Annual Drake
Hannah Knickerbocker	Fr Concordia Moorhead	5:02.95	5/7 Ron Masanz Track &
Kelsie Larson	Fr St. Benedict	5:03.53	3/26 Csb/Sju 3-26-11
Emma Crumley	Fr St. Olaf	5:03.4	4/21 Hamline Capitol Ci
40			
Laura Zwilling	Jr Bethel	5:04.27	3/19 Point Loma Collegi
Andi Eglinton	Jr Gustavus	5:04.40	5/13 Miac Outdoor Champ
Clare Franco	Jr Carleton	5:04.44	4/8 Falcon Invitational
Tera Hereid	Fr Bethel	5:04.89	5/6 Howard Wood Relays
Morgan Christian	Fr Concordia Moorhead	5:05.30	4/15 University of Minn
Emily Dee	Sr Saint Mary's	5:05.82	5/4 Tommie Twilight
Emily Fritz-Endres	Fr Carleton	5:06.24	4/21 Hamline Capitol Ci
Danielle Burgmeier	Jr Gustavus	5:06.29	4/8 Falcon Invitational
Tess Carley	So Macalester	5:06.47	4/2 Hamline Invitationa
Robin Stramp	Fr St. Olaf	5:06.63	4/30 Janis Rider Invita
50			
Nicola Franta	So St. Benedict	5:07.65	4/8 Falcon Invitational
Michelle Benson	Sr Bethel	5:07.66	4/21 Hamline Capitol Ci
Carrie Harshbarger	So Carleton	5:07.93	5/13 Miac Outdoor Champ
Kaitlyn Frenchick	Jr Hamline	5:08.15	4/2 Hamline Invitationa
Becca Bevans	So St. Olaf	5:08.35	5/4 Tommie Twilight
Joanna Pace	Sr Saint Mary's	5:08.45	4/30 St. Mary's Invite
Rachael Klehm	Fr Carleton	5:08.83	5/4 Tommie Twilight
Lindsey Wales	Fr St. Benedict	5:09.44	4/2 Hamline Invitationa
Lyndsi Schwichtenberg	Fr Gustavus	5:09.47	4/21 Hamline Capitol Ci
Jamie Mosel	Jr St. Olaf	5:09.78	4/21 Hamline Capitol Ci
60			
Rachel Kittaka	So Carleton	5:09.80	5/13 Miac Outdoor Champ
Kelsey Mullen	Fr St. Olaf	5:09.97	4/30 Janis Rider Invita
Anna Schmitz	Fr Macalester	5:10.02	5/4 Tommie Twilight
Caroline McLaughlin	Jr Concordia Moorhead	5:10.53	5/7 Ron Masanz Track &
Alex Dunn	Sr Carleton	5:12.10	4/27 Hamline Women's Tw
Kristen Nelson	So St. Olaf	5:12.41	5/4 Tommie Twilight
Milana Socha	Fr Carleton	5:13.21	4/30 St. Mary's Invite
Kristina Poss	Fr St. Catherine	5:14.23	5/4 Tommie Twilight
Amber Hoban	Sr Hamline	5:14.59	5/6 Meet of the UnSaint
Jessica Rogers	So St. Catherine	5:15.62	5/4 Tommie Twilight
70			
Abby Engelhart	Fr St. Olaf	5:15.80	4/27 Hamline Women's Tw
Kristy Singlestad	Sr Concordia Moorhead	5:15.91	5/7 Ron Masanz Track &
Allison Brandt	So St. Olaf	5:16.55	4/30 Janis Rider Invita
Shayla Fulford	Fr Augsburg	5:16.68	4/21 Hamline Capitol Ci
Kristiana Sather	Jr Concordia Moorhead	5:16.96	3/26 Csb/Sju 3-26-11
Jessica Zwanziger	So St. Thomas	5:17.24	4/30 Janis Rider Invita
Erin Sheehan	Fr St. Thomas	5:17.31	4/1 Wartburg College Se
Madison Watson	Fr Hamline	5:17.33	4/21 Hamline Capitol Ci
Stephanie Mueller	Fr St. Catherine	5:17.71	5/4 Tommie Twilight
Breann MacFadyen	So St. Thomas	5:17.76	5/4 Tommie Twilight
80			
Annie Bodeau	Fr St. Olaf	5:18.15	5/4 Tommie Twilight
Kelly Cargos	So Macalester	5:18.38	5/4 Tommie Twilight
Maddy O'Brien	Fr St. Benedict	5:18.71	5/4 Tommie Twilight
Kaycee Knutson	Jr St. Benedict	5:18.80	5/4 Tommie Twilight
Jennifer Pulscher	Jr Augsburg	5:18.87	4/21 Hamline Capitol Ci
Heather Hollinger	Fr Hamline	5:19.32	5/6 Meet of the UnSaint
Hannah Fishman	So Macalester	5:19.55	5/4 Tommie Twilight
Carolyne Bocovich	Jr Hamline	5:20.03	4/21 Hamline Capitol Ci
Shannon Mueller	Jr Carleton	5:20.18	5/4 Tommie Twilight
Julie Knutson	Fr St. Benedict	5:20.66	3/26 Csb/Sju 3-26-11
90			
Asha Ghassemlouei	Fr Hamline	5:20.79	5/6 Meet of the UnSaint

Sarah McNamara	Fr St. Thomas	5:21.01	4/1 Wartburg College Se
Maria Altepeter	Jr St. Thomas	5:21.05	4/30 Janis Rider Invita
Sarah Howe	Fr St. Catherine	5:21.12	4/30 Janis Rider Invita
Paige Rygg	Fr Concordia Moorhead	5:21.20	3/26 Csb/Sju 3-26-11
Callie Christianson	Fr Concordia Moorhead	5:21.27	3/26 Csb/Sju 3-26-11
Christine Skopec	Sr St. Thomas	5:21.28	5/4 Tommie Twilight
Claire Walling	So Hamline	5:21.32	5/6 Meet of the UnSaint
Amy Spitzmueller	Fr Saint Mary's	5:21.52	5/4 Tommie Twilight
Natalie Ristau	So Gustavus	5:21.57	4/21 Hamline Capitol Ci
100			
Kristie Mueller	So St. Benedict	5:21.88	3/17 Aztec Open
Gina Luke	So St. Benedict	5:22.53	3/26 Csb/Sju 3-26-11
Hanna Helwig	So St. Olaf	5:22.60	5/4 Tommie Twilight
Nara Nelson	So St. Thomas	5:23.09	4/30 Janis Rider Invita
Hannah Rael	Sr Hamline	5:23.13	5/6 Meet of the UnSaint
Kathryn Stalnaker	Fr Concordia Moorhead	5:23.37	3/26 Csb/Sju 3-26-11
Ellen Toobin	So Macalester	5:24.69	5/4 Tommie Twilight
Hannah Toedter	Fr Hamline	5:25.66	4/27 Hamline Women's Tw
=====	Last 2010 qualifier	5:25.95	
Haley Diem	Fr Augsburg	5:26.00	4/8 Falcon Invitational
Rachel Pedersen	Sr Concordia Moorhead	5:26.66	4/16 Women's Cobber-Dra
110			
Lucy Andrews	Fr Macalester	5:27.13	4/2 Hamline Invitationa
Sameena Ahmed	Jr Carleton	5:27.25	4/21 Hamline Capitol Ci
Brooke Schlotterback	So Concordia Moorhead	5:28.47	5/3 Cobber Sunny Day Me
Suzanne McConn	Fr Concordia Moorhead	5:29.93	4/15 University of Minn
Lindsey Envall	Fr St. Benedict	5:30.64	3/17 Aztec Open
Kelsey Torchia	So St. Benedict	5:31.22	3/26 Csb/Sju 3-26-11
Beth Scott	Fr Saint Mary's	5:32.65	4/30 St. Mary's Invite
Jocelyn Fetsch	So Concordia Moorhead	5:35.18	4/16 Women's Cobber-Dra
Alicia Traut	Sr St. Thomas	5:35.55	4/21 Hamline Capitol Ci
Shirin DeSouza	So St. Benedict	5:36.87	5/4 Tommie Twilight
120			
Emily Eastman	Jr St. Catherine	5:37.10	4/16 Holst Invitational
Emily Davis	Fr Macalester	5:37.19	4/2 Hamline Invitationa
Rachel Gunsalus	So Macalester	5:37.60	4/30 Janis Rider Invita
Jill Kraemer	So St. Benedict	5:37.62	5/4 Tommie Twilight
Kate Hendrickson	Sr Concordia Moorhead	5:39.59	4/16 Women's Cobber-Dra
Eliza Leahy	Jr Macalester	5:39.71	5/4 Tommie Twilight
Cassie Ernst	Fr Hamline	5:40.83	4/2 Hamline Invitationa
Heather Stanton	Fr Concordia Moorhead	5:41.69	5/7 Ron Masanz Track &
Maggie Smith	So St. Benedict	5:41.71	5/4 Tommie Twilight
Keeley Susienka	Fr St. Olaf	5:42.49	4/27 Hamline Women's Tw
130			
Abbey Nesper	Fr Concordia Moorhead	5:42.90	4/16 Women's Cobber-Dra
Alyssa Hessler	Fr Bethel	5:43.43	4/30 Janis Rider Invita
Libby Magnuson	So St. Olaf	5:44.02	5/4 Tommie Twilight
Rachel Anderson	Jr Hamline	5:44.25	5/6 Meet of the UnSaint
Nicole Woinarowicz	Fr Concordia Moorhead	5:46.25	5/7 Ron Masanz Track &
Margaret Christner	Sr St. Olaf	5:46.51	5/4 Tommie Twilight
Briza Bohne	Fr Bethel	5:46.63	4/2 Hamline Invitationa
Lindsey Gideon	So St. Benedict	5:47.05	3/26 Csb/Sju 3-26-11
Charlotte Sivanich	Jr St. Olaf	5:48.19	4/27 Hamline Women's Tw
Annie Keller	Fr St. Thomas	5:51.34	4/2 Hamline Invitationa
140			
Paula Kearns	Fr St. Benedict	5:55.67	3/17 Aztec Open
Kim Rostvold	Jr Gustavus	5:55.73	4/16 11th Annual Lee Kr
Allison Wallace	Fr Bethel	5:58.02	4/2 Hamline Invitationa
Katherine Mockler	Fr Saint Mary's	5:58.23	4/30 St. Mary's Invite
Taisa Kushner	Fr St. Olaf	5:59.01	5/4 Tommie Twilight
Elizabeth Hamilton	Fr Macalester	6:00.47	5/4 Tommie Twilight
Becky Kane	Fr Macalester	6:00.60	4/2 Hamline Invitationa
Laura Newcombe	Fr Carleton	6:06.71	5/4 Tommie Twilight
Anne Marie Sketch	Fr Hamline	6:14.53	4/2 Hamline Invitationa
Morgan Wright	Fr St. Catherine	6:27.78	4/30 Janis Rider Invita
150			
Lauren Silberman	Jr Macalester	6:59.76	4/21 Hamline Capitol Ci
151 entrants			

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#) | [STEEP](#)  
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)  
[PV](#) | [HEP](#) | [Top](#)

3000 METER RUN\*

Taylor ffitch	Jr Carleton	10:58.91c (10:58.91)	4/8 Falcon Invitational
Carolyne Bocovich	Jr Hamline	11:19.59c (11:19.59)	4/8 Falcon Invitational
Maria Theisen	Fr Hamline	11:19.97c (11:19.97)	4/8 Falcon Invitational
Kristina Poss	Fr St. Catherine	11:21.25c (11:21.25)	4/30 Janis Rider Invita
Maddy O'Brien	Fr St. Benedict	11:28.87c (11:28.87)	4/8 Falcon Invitational
Jenna Diercks	So Bethel	11:30.96c (11:30.96)	4/8 Falcon Invitational
Mary Swiggum	So St. Olaf	11:31.95c (11:31.95)	4/30 Janis Rider Invita
Kelsey Torchia	So St. Benedict	11:33.24c (11:33.24)	4/8 Falcon Invitational
Jessica Zwanziger	So St. Thomas	11:36.61c (11:36.61)	4/8 Falcon Invitational
Jessica Rogers	So St. Catherine	11:38.48c (11:38.48)	4/30 Janis Rider Invita
10			
Leah Roth	Fr St. Olaf	11:39.76c (11:39.76)	4/30 Janis Rider Invita
Hannah Rael	Sr Hamline	11:40.49c (11:40.49)	4/8 Falcon Invitational
Maria Altepeter	Jr St. Thomas	11:45.50c (11:45.50)	4/8 Falcon Invitational
Emily Eastman	Jr St. Catherine	11:50.80c (11:50.80)	4/30 Janis Rider Invita
Nara Nelson	So St. Thomas	11:52.99c (11:52.99)	4/8 Falcon Invitational
Kelly Cargos	So Macalester	12:00.07c (12:00.07)	4/30 Janis Rider Invita
Maggie Smith	So St. Benedict	12:00.72c (12:00.72)	4/8 Falcon Invitational
Shirin DeSouza	So St. Benedict	12:19.92c (12:19.92)	4/8 Falcon Invitational
Cassie Ernst	Fr Hamline	12:41.35c (12:41.35)	4/8 Falcon Invitational
Briza Bohne	Fr Bethel	12:45.42c (12:45.42)	4/8 Falcon Invitational
20			
Anne Marie Sketch	Fr Hamline	13:34.97c (13:34.97)	4/8 Falcon Invitational
21 entrants			

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#) | [STEEP](#)  
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)  
[PV](#) | [HEP](#) | [Top](#)

5000 METER RUN

=====	NCAA Automatic	16:55.00	
Simone Childs-Walker	Jr Carleton	17:10.02	4/21 Hamline Capitol Ci
Allie Metzler	Sr St. Thomas	17:28.67	3/19 Point Loma Collegi
=====	NCAA Provisional	17:35.00	
Emma Lee	So St. Olaf	18:00.13	5/13 Miac Outdoor Champ
Alison Smyth	Jr Carleton	18:01.15	4/30 St. Mary's Invite
Erin Statz	Fr St. Thomas	18:06.49	5/13 Miac Outdoor Champ
Beth Hauer	So Gustavus	18:09.36	5/13 Miac Outdoor Champ
Rachel Dean	So St. Olaf	18:13.41	4/21 Hamline Capitol Ci
Brooke Beskau	Sr Gustavus	18:14.39	5/13 Miac Outdoor Champ
Maren Westby	Jr St. Olaf	18:24.19	5/13 Miac Outdoor Champ
Kate Eggers	So Gustavus	18:25.67	5/6 Meet of the UnSaint
10			
Rachael Klehm	Fr Carleton	18:31.07	5/13 Miac Outdoor Champ
Andrea Dittman	Jr St. Olaf	18:31.41	5/13 Miac Outdoor Champ
Jessica Kociscak	Sr Hamline	18:31.60	4/2 Hamline Invitationa
Andi Gomoll	So St. Olaf	18:32.17	5/13 Miac Outdoor Champ
Britney Barnett	Sr Concordia Moorhead	18:34.49	5/13 Miac Outdoor Champ
Katy Torchia	Sr St. Benedict	18:36.26	4/21 Hamline Capitol Ci
Lauren Carlson	So St. Olaf	18:37.82	4/27 Hamline Women's Tw
Hannah Knickerbocker	Fr Concordia Moorhead	18:40.59	4/21 Hamline Capitol Ci
Taylor ffitch	Jr Carleton	18:41.29	4/21 Hamline Capitol Ci
Becca Bevans	So St. Olaf	18:41.43	4/30 Janis Rider Invita
20			
Sara Holland	Sr Hamline	18:44.00	4/2 Hamline Invitationa
Katie Schwarz	Sr St. Benedict	18:44.98	3/26 Csb/Sju 3-26-11
Emily Fritz-Endres	Fr Carleton	18:48.25	5/13 Miac Outdoor Champ
Anna Schmitz	Fr Macalester	18:52.23	4/21 Hamline Capitol Ci
Kristy Singlestad	Sr Concordia Moorhead	18:57.51	4/21 Hamline Capitol Ci
Caroline McLaughlin	Jr Concordia Moorhead	19:02.21	4/21 Hamline Capitol Ci

Kristina Poss	Fr St. Catherine	19:14.26	5/13 Miac Outdoor Champ
Christine Skopec	Sr St. Thomas	19:20.48	5/13 Miac Outdoor Champ
Carolyn Bocovich	Jr Hamline	19:26.78	4/2 Hamline Invitationa
Shannon Mueller	Jr Carleton	19:28.88	4/30 St. Mary's Invite
30			
Jessica Rogers	So St. Catherine	19:32.94	4/21 Hamline Capitol Ci
Nicola Franta	So St. Benedict	19:35.30	3/26 Csb/Sju 3-26-11
Jessica Zwanziger	So St. Thomas	19:48.38	5/4 Tommie Twilight
Kim Rostvold	Jr Gustavus	19:48.67	5/6 Meet of the UnSaint
Alicia Traut	Sr St. Thomas	19:49.59	5/4 Tommie Twilight
Meredith Bache-Wiig	So Gustavus	19:55.87	4/21 Hamline Capitol Ci
Andi Eglinton	Jr Gustavus	19:56.85	4/30 11th Annual Drake
Jenna Diercks	So Bethel	19:57.32	4/21 Hamline Capitol Ci
Allison Brandt	So St. Olaf	20:04.80	4/27 Hamline Women's Tw
Maddy O'Brien	Fr St. Benedict	20:10.84	4/21 Hamline Capitol Ci
40			
Emily Eastman	Jr St. Catherine	20:11.22	4/21 Hamline Capitol Ci
Megan Smith	So St. Benedict	20:12.05	4/21 Hamline Capitol Ci
Hailey Brenden	Sr Concordia Moorhead	20:12.83	4/21 Hamline Capitol Ci
Suzanne McConn	Fr Concordia Moorhead	20:14.39	5/7 Ron Masanz Track &
Claire Walling	So Hamline	20:14.95	4/27 Hamline Women's Tw
Tess Carley	So Macalester	20:16.11	4/30 Janis Rider Invita
Maria Altepeter	Jr St. Thomas	20:17.71	4/21 Hamline Capitol Ci
Nara Nelson	So St. Thomas	20:18.01	5/4 Tommie Twilight
Becky Kane	Fr Macalester	20:24.58	4/2 Hamline Invitationa
Shayla Fulford	Fr Augsburg	20:27.02	4/27 Hamline Women's Tw
50			
Lindsey Envall	Fr St. Benedict	20:27.50	3/26 Csb/Sju 3-26-11
=====	Last 2010 qualifier	20:27.67	
Mary Swiggum	So St. Olaf	20:27.92	5/4 Tommie Twilight
Hannah Rael	Sr Hamline	20:28.08	5/4 Tommie Twilight
Amber Hoban	Sr Hamline	20:29.67	4/2 Hamline Invitationa
Brooke Schlotterback	So Concordia Moorhead	20:32.29	3/26 Csb/Sju 3-26-11
Gina Luke	So St. Benedict	20:36.62	4/21 Hamline Capitol Ci
Rachel Pedersen	Sr Concordia Moorhead	20:40.06	4/15 University of Minn
Maggie Smith	So St. Benedict	20:43.92	4/2 Hamline Invitationa
Shirin DeSouza	So St. Benedict	20:57.56	4/2 Hamline Invitationa
Jocelyn Fetsch	So Concordia Moorhead	20:58.0	4/30 Al Cassell Relays
60			
Eliza Leahy	Jr Macalester	20:58.64	4/21 Hamline Capitol Ci
Kate Hendrickson	Sr Concordia Moorhead	21:00.44	5/7 Ron Masanz Track &
Sarah Hofflander	Sr Gustavus	21:02.06	4/21 Hamline Capitol Ci
Lyndsi Schwichtenberg	Fr Gustavus	21:02.76	4/16 11th Annual Lee Kr
Lindsey Gideon	So St. Benedict	21:11.99	4/8 Falcon Invitational
Briza Bohne	Fr Bethel	21:21.70	4/21 Hamline Capitol Ci
Kristen Tengwall	Sr Bethel	21:23.83	4/8 Falcon Invitational
Kathryn Stalnaker	Fr Concordia Moorhead	21:53.81	4/21 Hamline Capitol Ci
Shauna Stephens	Fr Saint Mary's	22:01.88	4/22 Winona State Easte
Caitlin Hannahan	Jr Macalester	22:07.16	4/21 Hamline Capitol Ci
70			
Heather Stanton	Fr Concordia Moorhead	22:13.85	4/21 Hamline Capitol Ci
Paula Kearns	Fr St. Benedict	23:05.58	4/2 Hamline Invitationa
Lauren Harden	So Gustavus	23:24.72	4/21 Hamline Capitol Ci
73 entrants			

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[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)  
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#### 10000 METER RUN

Simone Childs-Walker	Jr Carleton	35:29.44	4/28 Drake Relays
=====	NCAA Automatic	35:48.00	
Allie Metzler	Sr St. Thomas	36:50.31	5/13 Miac Outdoor Champ
Emma Lee	So St. Olaf	36:52.72	5/13 Miac Outdoor Champ
Alison Smyth	Jr Carleton	37:08.73	5/13 Miac Outdoor Champ
=====	NCAA Provisional	37:24.00	
Erin Statz	Fr St. Thomas	37:24.55	5/13 Miac Outdoor Champ

Beth Hauer	So Gustavus	37:26.54	5/13 Miac Outdoor Champ
Rachel Dean	So St. Olaf	37:44.40	4/27 Hamline Women's Tw
Brooke Beskau	Sr Gustavus	37:56.60	4/27 Hamline Women's Tw
Katy Torchia	Sr St. Benedict	39:19.21	5/13 Miac Outdoor Champ
Hannah Knickerbocker	Fr Concordia Moorhead	39:29.47	5/13 Miac Outdoor Champ
10			
Katie Schwarz	Sr St. Benedict	39:59.29	4/8 Falcon Invitational
Carolyne Bocovich	Jr Hamline	40:02.37	4/27 Hamline Women's Tw
Sophie Pietrick	So St. Olaf	40:13.28	4/30 Janis Rider Invita
Caroline McLaughlin	Jr Concordia Moorhead	40:26.9	4/30 Al Cassell Relays
Alicia Traut	Sr St. Thomas	40:31.54	5/13 Miac Outdoor Champ
Kristy Singlestad	Sr Concordia Moorhead	40:34.0	4/30 Al Cassell Relays
Nicola Franta	So St. Benedict	41:23.42	4/27 Hamline Women's Tw
Leah Roth	Fr St. Olaf	41:56.15	5/13 Miac Outdoor Champ
Suzanne McConn	Fr Concordia Moorhead	42:18.85	5/13 Miac Outdoor Champ
Shannon Mueller	Jr Carleton	42:19.31	4/8 Falcon Invitational
20			
Maddy O'Brien	Fr St. Benedict	42:35.00	5/13 Miac Outdoor Champ
Maggie Smith	So St. Benedict	42:35.24	5/13 Miac Outdoor Champ
Emily Eastman	Jr St. Catherine	43:19.74	5/13 Miac Outdoor Champ
=====	Last 2010 qualifier	43:34.62	
Rachel Pedersen	Sr Concordia Moorhead	43:55.0	4/30 Al Cassell Relays
Shauna Stephens	Fr Saint Mary's	44:31.29	4/30 St. Mary's Invite
Hailey Brenden	Sr Concordia Moorhead	44:40.29	5/13 Miac Outdoor Champ
Kate Hendrickson	Sr Concordia Moorhead	45:07.0	4/30 Al Cassell Relays
Lindsey Envall	Fr St. Benedict	45:24.75	4/30 Janis Rider Invita
Shirin DeSouza	So St. Benedict	45:26.79	4/30 Janis Rider Invita
Caitlin Hannahan	Jr Macalester	48:22.65	4/30 Janis Rider Invita
30			
30 entrants			

100 | 200 | 400 | 800 | 1500 | 5000 | 10000 | 100H | 400H | STEEP  
4X100 | 4X400 | 4X800 | LJ | TJ | SP | DT | HT | JT | HJ  
PV | HEP | Top

#### 100 METER HURDLES

=====	NCAA Automatic	14.58	
Melissa Kuebler	Sr St. Thomas	14.61[+2.8w]	5/13 Miac Outdoor Champ
=====	NCAA Provisional	14.99	
Alexa Kleingartner	Sr Concordia Moorhead	15.13[+1.0w]	5/13 Miac Outdoor Champ
Katie Ryan	So St. Thomas	15.13[+1.9w]	5/13 Miac Outdoor Champ
Kaari Jensen	So Concordia Moorhead	15.18[+2.5w]	5/26 Ncaa Outdoor Champ
Mo Flynn	Fr St. Benedict	15.20[+0.4w]	3/17 Aztec Open
Caroline Senungi	Jr Augsburg	15.25[+2.8w]	5/13 Miac Outdoor Champ
Rachel Kalk	Fr Bethel	15.27[+1.0w]	5/13 Miac Outdoor Champ
Mallory Burnham	Fr St. Thomas	15.41[+2.8w]	5/13 Miac Outdoor Champ
Kameron Argiannis	Sr Hamline	15.57	5/6 Meet of the UnSaint
Janey Helland	Sr Gustavus	15.60[+3.7w]	5/26 Ncaa Outdoor Champ
10			
Abby Furlong	So Bethel	15.62[+1.3w]	5/6 Howard Wood Dakota
Julia Renner	Jr St. Benedict	15.72	4/30 Janis Rider Invita
Laura Sjoberg	Sr Gustavus	15.84[+1.0w]	5/13 Miac Outdoor Champ
Sarah Schmitt	So St. Benedict	16.06[+2.4w]	5/4 Tommie Twilight
Lynn Robohm	Jr Hamline	16.14[+2.3w]	5/6 Meet of the UnSaint
Clare Murn	So St. Benedict	16.21	4/30 Janis Rider Invita
Anna McDevitt	Fr Gustavus	16.37[+1.0w]	5/13 Miac Outdoor Champ
Steph Kortan	Sr St. Benedict	16.37[-1.3w]	5/5 2011 Miac Multis
Meredith Rothstein	So St. Thomas	16.38[+2.8w]	5/13 Miac Outdoor Champ
Mary Peterson	Jr Hamline	16.42[+2.4w]	5/4 Tommie Twilight
20			
Olivia Decker	Fr Concordia Moorhead	16.44[+4.1w]	5/5 2011 Miac Multis
Gina Michaels	Sr St. Thomas	16.50[+2.8w]	4/29 Kip Janvrin Open
Macey Bentley	Sr Concordia Moorhead	16.70[+0.9w]	5/5 2011 Miac Multis
Abby Baier	Fr St. Thomas	16.78[+0.5w]	5/6 Meet of the UnSaint
Laura Secor	Sr Gustavus	16.82[+2.5w]	4/30 11th Annual Drake
Sami Kemper	Fr Carleton	16.82	3/18 Aztec Invitational
Rachel Meemken	Jr Bethel	16.83[+1.9w]	5/13 Miac Outdoor Champ

Lindsey Keskey	Jr St. Benedict	16.83[+2.4w]	5/4 Tommie Twilight
Emily Swenson	So St. Benedict	16.90[-1.3w]	5/5 2011 Miac Multis
Kristin Boyum	So Concordia Moorhead	16.92[+2.8w]	5/5 2011 Miac Multis
30			
Kyla Walter	Sr Carleton	16.94[+0.9w]	4/27 Hamline Women's Tw
Mandy Witschen	Fr St. Benedict	17.07[+1.6w]	4/2 Hamline Invitationa
Traci Pastoors	Jr St. Thomas	17.12[+0.5w]	3/19 Point Loma Collegi
Maggie Sullivan	Fr Carleton	17.25	3/18 Aztec Invitational
Erica Roelofs	Jr Gustavus	17.59[+0.9w]	5/5 2011 Miac Multis
Caroline Haik	Jr St. Benedict	17.75[+0.0w]	3/17 Aztec Open
Hope Hertz	Fr Hamline	17.76[+2.4w]	4/27 Hamline Women's Tw
=====	Last 2010 qualifier	18.31	
Emily Hughes	Fr St. Thomas	18.51[+0.6w]	5/4 Tommie Twilight
Kathryn Geskerman	So St. Olaf	19.01[+0.6w]	5/4 Tommie Twilight
Kristell Caballero-Sauc	So St. Olaf	19.80[+2.4w]	4/27 Hamline Women's Tw
40			
Molly Rosentreter	Fr St. Olaf	19.98[+2.4w]	4/27 Hamline Women's Tw
41 entrants			

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#) | [STEEP](#)  
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)  
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#### 400 METER HURDLES

=====	NCAA Automatic	62.00	
Kameron Argiannis	Sr Hamline	62.71	5/13 Miac Outdoor Champ
Melissa Kuebler	Sr St. Thomas	63.67	5/13 Miac Outdoor Champ
=====	NCAA Provisional	64.20	
Janey Helland	Sr Gustavus	64.60	5/13 Miac Outdoor Champ
Steph Kortan	Sr St. Benedict	64.85	5/19 NCAA Qualifier- UW
Danielle Burgmeier	Jr Gustavus	65.27	5/13 Miac Outdoor Champ
Katie Ryan	So St. Thomas	65.51	5/13 Miac Outdoor Champ
Abby Furlong	So Bethel	66.18	5/13 Miac Outdoor Champ
Mandy Witschen	Fr St. Benedict	66.63	5/13 Miac Outdoor Champ
Megan Hoffman	So Concordia Moorhead	66.67	5/13 Miac Outdoor Champ
Becky Theisen	Sr St. Thomas	67.10	5/13 Miac Outdoor Champ
10			
Laura Secor	Sr Gustavus	67.25	5/13 Miac Outdoor Champ
Sami Kemper	Fr Carleton	67.35	5/13 Miac Outdoor Champ
Kaari Jensen	So Concordia Moorhead	67.43	5/13 Miac Outdoor Champ
Erica Roelofs	Jr Gustavus	68.30	5/13 Miac Outdoor Champ
Kelsey Eder	So St. Catherine	68.79	4/27 Hamline Women's Tw
Macey Bentley	Sr Concordia Moorhead	68.80	5/13 Miac Outdoor Champ
Kyanna Jones	So Macalester	68.87	5/13 Miac Outdoor Champ
Bethany Murray	Fr Gustavus	69.03	5/13 Miac Outdoor Champ
Kayti Helm	Fr St. Benedict	69.62	5/13 Miac Outdoor Champ
Gina Michaels	Sr St. Thomas	69.98	4/1 Wartburg College Se
20			
Emma Ranum	So Concordia Moorhead	70.09	5/3 Cobber Sunny Day Me
Brittney Kolstad	Sr Concordia Moorhead	70.34	5/13 Miac Outdoor Champ
Hope Hertz	Fr Hamline	70.51	5/6 Meet of the UnSaint
Emily Hughes	Fr St. Thomas	71.81	5/6 Meet of the UnSaint
Steph Sturges	Jr Saint Mary's	71.84	5/13 Miac Outdoor Champ
Jackie Destache	Fr St. Thomas	71.84	4/8 Falcon Invitational
Dani Vitali	Fr Hamline	72.72	5/6 Meet of the UnSaint
Abby Baier	Fr St. Thomas	73.50	5/6 Meet of the UnSaint
Maggie Sullivan	Fr Carleton	74.04	3/26 Point Loma
Caroline Haik	Jr St. Benedict	74.15	4/2 Hamline Invitationa
30			
Rachel Meemken	Jr Bethel	74.47	5/6 Howard Wood Dakota
Kortney Krueger	Fr St. Olaf	76.30	5/4 Tommie Twilight
Kristell Caballero-Sauc	So St. Olaf	77.11	5/4 Tommie Twilight
Sam Perry	Fr St. Thomas	79.42	4/29 Kip Janvrin Open
Nicole Klein	So St. Olaf	79.58	5/4 Tommie Twilight
35 entrants			

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[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)  
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3000M STEEPLECHASE

=====	NCAA Automatic	10:43.10	
=====	NCAA Provisional	11:10.00	
Caitlin Schnettler	Sr St. Benedict	11:33.32	4/30 Janis Rider Invita
Kelsie Larson	Fr St. Benedict	11:41.76	4/21 Hamline Capitol Ci
Raynee DeGrio	Sr St. Thomas	11:46.54	5/13 Miac Outdoor Champ
Lauren Howe	Sr Hamline	11:46.80	4/8 Falcon Invitational
Kayla Jelen	Sr Bethel	11:48.86	4/21 Hamline Capitol Ci
Elisabeth Hanson	So Concordia Moorhead	11:51.84	4/21 Hamline Capitol Ci
Laura Secor	Sr Gustavus	11:53.48	5/13 Miac Outdoor Champ
Ashley Irons	Sr St. Benedict	11:54.86	4/21 Hamline Capitol Ci
Caroline McLaughlin	Jr Concordia Moorhead	12:03.99	4/21 Hamline Capitol Ci
Kelsey Torchia	So St. Benedict	12:05.86	5/13 Miac Outdoor Champ
10			
Nicola Franta	So St. Benedict	12:07.48	5/13 Miac Outdoor Champ
Sarah Howe	Fr St. Catherine	12:13.76	5/4 Tommie Twilight
Kristy Singlestad	Sr Concordia Moorhead	12:22.04	4/2 Hamline Invitationa
Kelsey Mullen	Fr St. Olaf	12:23.51	5/13 Miac Outdoor Champ
Becky Kane	Fr Macalester	12:24.61	4/21 Hamline Capitol Ci
=====	Last 2010 qualifier	12:27.46	
Emma Larson	Fr St. Olaf	12:28.63	5/13 Miac Outdoor Champ
Lucy Andrews	Fr Macalester	12:34.15	5/13 Miac Outdoor Champ
Gina Luke	So St. Benedict	12:36.66	3/19 Aztec OPen
Jennifer Pulscher	Jr Augsburg	12:52.02	4/27 Hamline Women's Tw
Abby Karl	Sr Gustavus	12:53.91	4/1 Wartburg College Se
20			
Hannah Toedter	Fr Hamline	13:07.11	5/13 Miac Outdoor Champ
Kelly Hennessey	So St. Olaf	13:09.87	5/4 Tommie Twilight
Jill Spitzmueller	Jr Saint Mary's	13:09.97	4/30 St. Mary's Invite
Andrea Dittmann	St. Olaf	13:14.41	4/21 Hamline Capitol Ci
Lyndsi Schwichtenberg	Fr Gustavus	13:21.64	4/30 11th Annual Drake
Meggie Exner	Fr St. Olaf	13:44.10	5/4 Tommie Twilight
Alyssa Hessler	Fr Bethel	13:55.47	5/6 Howard Wood Dakota
Cassie Berning	Jr Saint Mary's	14:49.24	4/10 Norse Relays

28 entrants

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#) | [STEEP](#)  
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)  
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4X100 METER RELAY

=====	NCAA Automatic	47.15	
St. Thomas	St. Thomas	47.66	5/26 Ncaa Outdoor Champ
Augsburg	Augsburg	48.24	5/4 Tommie Twilight
St. Benedict	St. Benedict	48.49	5/13 Miac Outdoor Champ
=====	NCAA Provisional	48.65	
Bethel	Bethel	48.86	5/13 Miac Outdoor Champ
Concordia Moorhead	Concordia Moorhead	49.11	5/13 Miac Outdoor Champ
Macalester	Macalester	49.66	5/13 Miac Outdoor Champ
Gustavus	Gustavus	49.70	5/13 Miac Outdoor Champ
St. Catherine	St. Catherine	49.75	5/13 Miac Outdoor Champ
Hamline	Hamline	49.92	5/13 Miac Outdoor Champ
St. Olaf	St. Olaf	50.49	5/13 Miac Outdoor Champ

10  
10 entrants

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#) | [STEEP](#)  
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)  
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4X400 METER RELAY

=====	NCAA Automatic	3:50.10	
St. Benedict	St. Benedict	3:53.58	5/19 NCAA Qualifier- UW
=====	NCAA Provisional	3:56.00	
Gustavus	Gustavus	3:56.68	5/6 Meet of the UnSaint
St. Thomas	St. Thomas	3:57.06	4/29 Drake Relays
St. Catherine	St. Catherine	3:57.37	5/13 Miac Outdoor Champ
Augsburg	Augsburg	3:57.77	5/4 Tommie Twilight
Macalester	Macalester	3:59.44	4/2 Hamline Invitationa
St. Olaf	St. Olaf	4:01.95	5/13 Miac Outdoor Champ
Bethel	Bethel	4:02.57	5/13 Miac Outdoor Champ
Concordia Moorhead	Concordia Moorhead	4:02.80	5/3 Cobber Sunny Day Me
Carleton	Carleton	4:08.61	4/21 Hamline Capitol Ci
10			
Hamline	Hamline	4:09.11	4/21 Hamline Capitol Ci
Saint Mary's	Saint Mary's	4:11.46	5/13 Miac Outdoor Champ

12 entrants

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#) | [STEEP](#)  
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)  
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4X800 METER RELAY

Macalester	Macalester	9:19.58	5/13 Miac Outdoor Champ
St. Benedict	St. Benedict	9:25.90	5/13 Miac Outdoor Champ
St. Olaf	St. Olaf	9:28.59	5/13 Miac Outdoor Champ
St. Thomas	St. Thomas	9:30.48	5/13 Miac Outdoor Champ
Bethel	Bethel	9:33.32	5/13 Miac Outdoor Champ
Hamline	Hamline	9:35.48	5/13 Miac Outdoor Champ
Concordia Moorhead	Concordia Moorhead	9:35.71	5/13 Miac Outdoor Champ
Gustavus	Gustavus	9:36.25	5/13 Miac Outdoor Champ
Saint Mary's	Saint Mary's	9:49.91	5/13 Miac Outdoor Champ

9 entrants

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#) | [STEEP](#)  
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)  
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LONG JUMP

=====	NCAA Automatic	5.84m (19-2)	
Janey Helland	Sr Gustavus	5.73m (18-9 3/4)[+1.1w]	5/26 Ncaa Outdoor Champ
Julia Renner	Jr St. Benedict	5.60m (18-4 1/2)[+2.0w]	4/8 Falcon Invitational
=====	NCAA Provisional	5.60m (18-4 1/2)	
Sarah Baker	Jr Gustavus	5.58m (18-3 3/4)[+1.8w]	4/8 Falcon Invitational
Kameron Argiannis	Sr Hamline	5.44m (17-10 1/4)[+2.4w]	5/13 Miac Outdoor Champ
Katrina Gerzema	So Concordia Moorhead	5.39m (17-8 1/4)[+4.3w]	4/30 Al Cassell Relays
Shanek Telpia	So Augsburg	5.38m (17-8)[+1.5w]	5/13 Miac Outdoor Champ
Alyssa Deutschmann	Sr Concordia Moorhead	5.36m (17-7)[+2.8w]	4/30 Al Cassell Relays
Steph Kortan	Sr St. Benedict	5.32m (17-5 1/2)[+1.3w]	5/13 Miac Outdoor Champ
Christine Rozeske	Fr St. Thomas	5.32m (17-5 1/2)[+1.3w]	4/8 Falcon Invitational
Emily Van Heel	Fr St. Thomas	5.19m (17-0 1/2)[+2.9w]	4/1 Wartburg College Se
10			
Clare Murn	So St. Benedict	5.16m (16-11 1/4)[+1.1w]	5/5 2011 Miac Multis
Nicole Berscheid	Fr Bethel	5.16m (16-11 1/4)[-0.1w]	4/2 Hamline Invitationa
Linnea Erickson	Fr Bethel	5.14m (16-10 1/2)[+2.8w]	5/13 Miac Outdoor Champ
Kaari Jensen	So Concordia Moorhead	5.10m (16-8 3/4)[+0.9w]	5/5 2011 Miac Multis
Sarah Schmitt	So St. Benedict	5.10m (16-8 3/4)[+0.0w]	3/17 Aztec Open

Julianna Gorder	Sr St. Thomas	5.05m (16-7)[+1.3w]	5/13 Miac Outdoor Champ
Macey Bentley	Sr Concordia Moorhead	5.04m (16-6 1/2)[+0.9w]	5/5 2011 Miac Multis
Laura Farnam	Jr Concordia Moorhead	5.01m (16-5 1/4)[+3.8w]	4/30 Al Cassell Relays
Traci Pastoors	Jr St. Thomas	5.00m (16-5)[+0.3w]	4/1 Wartburg College Se
Kandace Bostick	Fr Augsburg	4.98m (16-4 1/4)[+1.7w]	4/8 Falcon Invitational
20			
Rachel Kalk	Fr Bethel	4.97m (16-3 3/4)	4/21 Hamline Capitol Ci
=====	Last 2010 qualifier	4.96m (16-3 1/4)	
Olivia Decker	Fr Concordia Moorhead	4.89m (16-0 1/2)[+2.0w]	5/5 2011 Miac Multis
Britta Olsen	Fr St. Olaf	4.89m (16-0 1/2)[+2.9w]	4/8 Falcon Invitational
Kendra Coleman	Fr St. Benedict	4.89m (16-0 1/2)[+0.9w]	4/8 Falcon Invitational
Sara Parsons	So Concordia Moorhead	4.89m (16-0 1/2)	3/26 Csb/Sju 3-26-11
Becky Theisen	Sr St. Thomas	4.88m (16-0 1/4)[+1.7w]	4/27 Hamline Women's Tw
Lauren Rothschiller	So Gustavus	4.83m (15-10 1/4)[+0.9w]	4/8 Falcon Invitational
Mandy Witschen	Fr St. Benedict	4.81m (15-9 1/2)[+1.6w]	4/8 Falcon Invitational
Sami Kemper	Fr Carleton	4.81m (15-9 1/2)	3/18 Aztec Invitational
Lauren TeBrake	So Gustavus	4.80m (15-9)[+1.7w]	4/8 Falcon Invitational
30			
Emily Klatt	Jr Gustavus	4.78m (15-8 1/4)	4/16 11th Annual Lee Kr
Leslie Terwilliger	Fr St. Thomas	4.73m (15-6 1/4)[+1.6w]	4/21 Hamline Capitol Ci
Hilary Thompson	Fr Concordia Moorhead	4.73m (15-6 1/4)	3/26 Csb/Sju 3-26-11
Keelie Sorensen	Fr Hamline	4.71m (15-5 1/2)[+3.8w]	4/21 Hamline Capitol Ci
Jasmine Hardin	So St. Catherine	4.71m (15-5 1/2)	4/2 Hamline Invitationa
Joyce Thompson	So St. Olaf	4.70m (15-5)[+1.5w]	4/8 Falcon Invitational
Gina Collings	Jr St. Olaf	4.69m (15-4 3/4)[-0.5w]	5/4 Tommie Twilight
Emily Swenson	So St. Benedict	4.69m (15-4 3/4)[+1.0w]	4/8 Falcon Invitational
Laura Sjoberg	Sr Gustavus	4.65m (15-3 1/4)[+3.1w]	4/8 Falcon Invitational
Dawn Flowers	Fr Augsburg	4.63m (15-2 1/4)[+0.9w]	4/2 Hamline Invitationa
40			
Leah Christensen	Fr St. Benedict	4.55m (14-11 1/4)[+1.0w]	4/2 Hamline Invitationa
Erica Roelofs	Jr Gustavus	4.54m (14-10 3/4)[+1.3w]	5/5 2011 Miac Multis
Kristin Boyum	So Concordia Moorhead	4.47m (14-8)[+6.2w]	4/30 Al Cassell Relays
Katie Ulvestad	Fr St. Olaf	4.47m (14-8)[+1.0w]	4/30 Janis Rider Invita
Emily Hansen	So Gustavus	4.44m (14-6 3/4)	5/6 Meet of the UnSaint
Hayley Schnell	So St. Thomas	4.42m (14-6)[+1.5w]	4/8 Falcon Invitational
Maggie Sullivan	Fr Carleton	4.42m (14-6)	3/19 Point Loma
Erin Sherman	So Gustavus	4.39m (14-5)[-1.4w]	5/6 Meet of the UnSaint
Sami Zopfi	So St. Olaf	4.38m (14-4 1/2)[+2.0w]	4/8 Falcon Invitational
Britney Daniel	Sr St. Thomas	4.36m (14-3 3/4)	3/19 Point Loma Collegi
50			
Kristie Miller	So St. Thomas	4.36m (14-3 3/4)	3/19 Point Loma Collegi
Michelle Graf	Fr St. Thomas	4.34m (14-3)[+1.8w]	4/1 Wartburg College Se
Cassie Reinke	Fr Hamline	4.33m (14-2 1/2)[+1.2w]	4/2 Hamline Invitationa
Laura Secor	Sr Gustavus	4.30m (14-1 1/4)	4/8 Falcon Invitational
Kyla Walter	Sr Carleton	4.28m (14-0 1/2)[+1.9w]	5/5 2011 Miac Multis
Lisa Beacher	So Gustavus	4.25m (13-11 1/2)	4/16 11th Annual Lee Kr
Caroline Haik	Jr St. Benedict	4.24m (13-11)[+0.0w]	3/17 Aztec Open
Emily Hughes	Fr St. Thomas	4.05m (13-3 1/2)	4/8 Falcon Invitational
Kristen Soderman	Fr Bethel	3.98m (13-0 3/4)[+2.1w]	4/30 Janis Rider Invita
Kate Rochat	So Macalester	3.98m (13-0 3/4)[+2.0w]	4/2 Hamline Invitationa
60			
Marie Buchner	Fr St. Olaf	3.86m (12-8)[+2.2w]	4/30 Janis Rider Invita
61 entrants			

100 | 200 | 400 | 800 | 1500 | 5000 | 10000 | 100H | 400H | STEEP  
4X100 | 4X400 | 4X800 | LJ | TJ | SP | DT | HT | JT | HJ  
PV | HEP | Top

#### TRIPLE JUMP

=====	NCAA Automatic	12.00m (39-4 1/2)	
Emily Van Heel	Fr St. Thomas	11.81m (38-9)[+3.5w]	5/13 Miac Outdoor Champ
=====	NCAA Provisional	11.36m (37-3 1/4)	
Nicole Berscheid	Fr Bethel	11.26m (36-11 1/2)[+2.4w]	5/13 Miac Outdoor Champ
Hilary Thompson	Fr Concordia Moorhead	11.21m (36-9 1/2)[+1.0w]	4/30 Al Cassell Relays
Alyssa Deutschmann	Sr Concordia Moorhead	11.08m (36-4 1/4)[+2.5w]	5/13 Miac Outdoor Champ
Kristie Miller	So St. Thomas	11.07m (36-4)[+3.2w]	5/13 Miac Outdoor Champ
Rachel Kalk	Fr Bethel	11.06m (36-3 1/2)	5/6 Howard Wood Dakota

Julia Renner	Jr St. Benedict	11.06m (36-3 1/2)[+0.3w]	4/2 Hamline Invitationa
Tatijana MullerDahlberg	Jr Concordia Moorhead	11.04m (36-2 3/4)	4/16 Women's Cobber-Dra
Traci Pastoors	Jr St. Thomas	11.02m (36-2)[+2.8w]	4/30 11th Annual Drake
Linnea Erickson	Fr Bethel	10.90m (35-9 1/4)	5/6 Howard Wood Dakota
10			
Abby Furlong	So Bethel	10.89m (35-8 3/4)[+1.8w]	4/21 Hamline Capitol Ci
Lauren Rothschilder	So Gustavus	10.84m (35-6 3/4)[+3.0w]	5/13 Miac Outdoor Champ
Kaari Jensen	So Concordia Moorhead	10.76m (35-3 3/4)	4/16 Women's Cobber-Dra
Sami Kemper	Fr Carleton	10.69m (35-1)[+1.2w]	4/30 St. Mary's Invite
Macey Bentley	Sr Concordia Moorhead	10.64m (34-11)[+3.6w]	5/13 Miac Outdoor Champ
Kate Rochat	So Macalester	10.62m (34-10 1/4)[+2.0w]	4/21 Hamline Capitol Ci
Anna McDevitt	Fr Gustavus	10.56m (34-7 3/4)[-1.1w]	5/6 Meet of the UnSaint
Olivia Decker	Fr Concordia Moorhead	10.55m (34-7 1/2)[+2.2w]	4/21 Hamline Capitol Ci
Danielle Bolme	Fr Concordia Moorhead	10.49m (34-5)[+2.0w]	4/30 Al Cassell Relays
Emily Klatt	Jr Gustavus	10.44m (34-3)[+6.7w]	4/30 11th Annual Drake

20

Natalie Decker	So Concordia Moorhead	10.43m (34-2 3/4)[+3.2w]	4/30 Al Cassell Relays
Leslie Terwilliger	Fr St. Thomas	10.35m (33-11 1/2)[+3.4w]	4/1 Wartburg College Se
Michelle Graf	Fr St. Thomas	10.29m (33-9 1/4)[+3.8w]	4/30 11th Annual Drake
Sarah Schmitt	So St. Benedict	10.18m (33-4 3/4)[+1.6w]	4/8 Falcon Invitational
Cassie Reinke	Fr Hamline	10.08m (33-1)[-0.3w]	5/6 Meet of the UnSaint
Kendra Coleman	Fr St. Benedict	10.05m (32-11 3/4)[-0.5w]	5/4 Tommie Twilight
Keelie Sorensen	Fr Hamline	10.04m (32-11 1/4)[+1.4w]	4/21 Hamline Capitol Ci
=====	Last 2010 qualifier	10.00m (32-9 3/4)	
Laura Farnam	Jr Concordia Moorhead	9.97m (32-8 1/2)[+2.6w]	4/30 Al Cassell Relays
Haley Tsuji	Fr St. Catherine	9.91m (32-6 1/4)[+0.7w]	5/4 Tommie Twilight
Erin Daugherty	Fr St. Thomas	9.87m (32-4 3/4)[+1.4w]	5/4 Tommie Twilight

30

Laura Sjoberg	Sr Gustavus	9.84m (32-3 1/2)[+2.4w]	4/30 11th Annual Drake
Lauren TeBrake	So Gustavus	9.59m (31-5 3/4)	5/6 Meet of the UnSaint
Leah Christensen	Fr St. Benedict	9.48m (31-1 1/4)	3/26 Csb/Sju 3-26-11
Meredith Rothstein	So St. Thomas	9.46m (31-0 1/2)[+1.8w]	5/4 Tommie Twilight
Kayti Helm	Fr St. Benedict	9.44m (30-11 3/4)	3/26 Csb/Sju 3-26-11
Jane Dorn	Fr St. Thomas	9.38m (30-9 1/4)[+0.9w]	5/4 Tommie Twilight
Kelsey Jensen	So Gustavus	9.31m (30-6 1/2)[+6.2w]	4/30 11th Annual Drake
Kaylin Ness	Fr Concordia Moorhead	9.16m (30-0 3/4)[+0.8w]	4/2 Hamline Invitationa
Megan Ternquist	So Concordia Moorhead	8.98m (29-5 1/2)[-1.1w]	4/2 Hamline Invitationa
Lisa Beacher	So Gustavus	8.96m (29-4 3/4)[+4.1w]	4/30 11th Annual Drake

40

Dana Hoffman	So St. Olaf	8.92m (29-3 1/4)[+0.7w]	4/8 Falcon Invitational
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41 entrants

100 | 200 | 400 | 800 | 1500 | 5000 | 10000 | 100H | 400H | STEEP  
4X100 | 4X400 | 4X800 | LJ | TJ | SP | DT | HT | JT | HJ  
PV | HEP | Top

SHOT PUT

=====	NCAA Automatic	13.83m (45-4 1/2)	
Samantha Broderius	Sr Gustavus	13.76m (45-1 3/4)	5/13 Miac Outdoor Champ
Amy Maas	Jr St. Thomas	12.88m (42-3 1/4)	5/13 Miac Outdoor Champ
=====	NCAA Provisional	12.80m (42-0)	
Robyn Wernberg	Sr Hamline	12.69m (41-7 3/4)	4/27 Hamline Women's Tw
Becky Culp	So Hamline	12.57m (41-3)	5/6 Meet of the UnSaint
Hannah Volkman	Fr St. Thomas	12.22m (40-1 1/4)	5/13 Miac Outdoor Champ
Kristen Warren	Sr Concordia Moorhead	12.14m (39-10)	4/30 Al Cassell Relays
Coco Booker	So Saint Mary's	12.07m (39-7 1/4)	5/7 Warrior Open
Megan Endresen	Jr Gustavus	11.96m (39-3)	4/8 Falcon Invitational
Emily Ford	Fr Gustavus	11.95m (39-2 1/2)	4/16 11th Annual Lee Kr
Haley Zajac	Fr St. Thomas	11.92m (39-1 1/4)	5/4 Tommie Twilight
10			
Jasmine Eddy	Fr Macalester	11.74m (38-6 1/4)	5/13 Miac Outdoor Champ
Felisha Willaert	Sr St. Thomas	11.74m (38-6 1/4)	4/8 Falcon Invitational
Kelly Lovett	Sr Carleton	11.54m (37-10 1/2)	3/19 Point Loma
Sam Imholte	Fr St. Benedict	11.49m (37-8 1/2)	5/13 Miac Outdoor Champ
Courtney O'Donnell	So Hamline	11.40m (37-5)	5/4 Tommie Twilight
Sarah Lemke	Sr St. Thomas	11.36m (37-3 1/4)	5/13 Miac Outdoor Champ
Alana Profit	Fr Hamline	11.29m (37-0 1/2)	5/4 Tommie Twilight

Larissa Hansmeier	Sr Concordia Moorhead	11.15m (36-7)	3/26 Csb/Sju 3-26-11
Danelle Duppong	Fr St. Benedict	11.06m (36-3 1/2)	5/4 Tommie Twilight
=====	Last 2010 qualifier	11.06m (36-3 1/2)	
Janey Helland	Sr Gustavus	10.87m (35-8)	5/26 Ncaa Outdoor Champ
20			
Kierstin Nygaard	Sr Concordia Moorhead	10.82m (35-6)	5/3 Cobber Sunny Day Me
Socorro Booker	So Saint Mary's	10.82m (35-6)	4/22 Winona State Easte
Kao Sutton	Fr Carleton	10.72m (35-2)	3/19 Point Loma
Erin Leyden	Sr Augsburg	10.59m (34-9)	4/27 Hamline Women's Tw
Erica Roelofs	Jr Gustavus	10.56m (34-7 3/4)	5/5 2011 Miac Multis
Maria Gans	Sr St. Benedict	10.12m (33-2 1/2)	3/26 Csb/Sju 3-26-11
Jessa Youso	So Carleton	9.94m (32-7 1/2)	5/6 Meet of the UnSaint
Elissa Walter	Fr Carleton	9.79m (32-1 1/2)	4/10 Norse Relays
Faith Berg	Fr St. Catherine	9.39m (30-9 3/4)	4/27 Hamline Women's Tw
Amy Wenzel	So Augsburg	9.34m (30-7 3/4)	5/6 Meet of the UnSaint
30			
Kelly Soderstrom	Fr Carleton	9.32m (30-7)	4/10 Norse Relays
Morgan Bubach	Fr Concordia Moorhead	9.31m (30-6 1/2)	4/30 Al Cassell Relays
Samantha Everson	Fr Concordia Moorhead	9.25m (30-4 1/4)	5/3 Cobber Sunny Day Me
Andrea Heil	Fr Augsburg	9.16m (30-0 3/4)	4/21 Hamline Capitol Ci
Caroline Haik	Jr St. Benedict	9.16m (30-0 3/4)	4/2 Hamline Invitationa
Steph Kortan	Sr St. Benedict	9.13m (29-11 1/2)	4/8 Falcon Invitational
Kyla Walter	Sr Carleton	9.06m (29-8 3/4)	3/19 Point Loma
Kaari Jensen	So Concordia Moorhead	9.02m (29-7 1/4)	5/26 Ncaa Outdoor Champ
Jessica Hoffman	Jr St. Catherine	9.00m (29-6 1/2)	5/4 Tommie Twilight
Clare Murn	So St. Benedict	8.79m (28-10 1/4)	5/5 2011 Miac Multis
40			
Mandy Witschen	Fr St. Benedict	8.68m (28-5 3/4)	4/2 Hamline Invitationa
Kristin Boyum	So Concordia Moorhead	8.57m (28-1 1/2)	4/30 Al Cassell Relays
Laura Secor	Sr Gustavus	8.51m (27-11)	5/5 2011 Miac Multis
Laura Gonshorowski	So Concordia Moorhead	8.15m (26-9)	3/26 Csb/Sju 3-26-11
Olivia Decker	Fr Concordia Moorhead	8.11m (26-7 1/4)	3/26 Csb/Sju 3-26-11
Macey Bentley	Sr Concordia Moorhead	8.10m (26-7)	5/5 2011 Miac Multis
Love Odetola	Fr St. Olaf	8.01m (26-3 1/2)	4/30 Janis Rider Invita
Rachel Neel	Fr Macalester	7.99m (26-2 3/4)	4/30 Janis Rider Invita
Clare Franco	Jr Carleton	7.98m (26-2 1/4)	3/19 Point Loma
Sami Kemper	Fr Carleton	7.92m (26-0)	3/18 Aztec Invitational
50			
Emily Swenson	So St. Benedict	7.82m (25-8)	5/5 2011 Miac Multis
Julia Renner	Jr St. Benedict	7.81m (25-7 1/2)	4/2 Hamline Invitationa
Kameron Argiannis	Sr Hamline	7.58m (24-10 1/2)	4/8 Falcon Invitational
Karen Kiser	Jr Macalester	7.44m (24-5)	4/21 Hamline Capitol Ci
Maggie Gregg	Sr St. Benedict	7.28m (23-10 3/4)	3/26 Csb/Sju 3-26-11
Maggie Sullivan	Fr Carleton	6.95m (22-9 3/4)	3/18 Aztec Invitational
Kathryn Medinger	Fr Macalester	6.23m (20-5 1/4)	4/21 Hamline Capitol Ci

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#) | [STEEP](#)  
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)  
[PV](#) | [HEP](#) | [Top](#)

#### DISCUS THROW

Samantha Broderius	Sr Gustavus	47.01m (154-2)	4/30 11th Annual Drake
Robyn Wernberg	Sr Hamline	46.01m (150-11)	4/30 11th Annual Drake
=====	NCAA Automatic	45.65m (149-9)	
Becky Culp	So Hamline	44.26m (145-2)	4/8 Falcon Invitational
Felisha Willaert	Sr St. Thomas	44.05m (144-6)	4/8 Falcon Invitational
Amy Maas	Jr St. Thomas	43.88m (143-11)	3/19 Point Loma Collegi
=====	NCAA Provisional	41.50m (136-2)	
Allyson Hannemann	Jr Gustavus	40.49m (132-10)	4/30 11th Annual Drake
Kao Sutton	Fr Carleton	39.72m (130-4)	3/19 Point Loma
Hannah Volkman	Fr St. Thomas	39.40m (129-3)	4/21 Hamline Capitol Ci
Megan Endresen	Jr Gustavus	39.13m (128-4)	4/30 11th Annual Drake
Brenna Coyle	Jr Hamline	39.10m (128-3)	4/30 11th Annual Drake
10			
Kristen Warren	Sr Concordia Moorhead	38.01m (124-8)	4/30 Al Cassell Relays
Emily Ford	Fr Gustavus	37.77m (123-11)	4/30 11th Annual Drake

Nicole Heitmann	Sr Saint Mary's	36.34m (119-3)	5/6 Warrior Open
=====	Last 2010 qualifier	35.99m (118-1)	
Haley Zajac	Fr St. Thomas	35.96m (118-0)	5/6 Meet of the UnSaint
Larissa Hansmeier	Sr Concordia Moorhead	35.91m (117-9)	4/30 Al Cassell Relays
Kierstin Nygaard	Sr Concordia Moorhead	35.80m (117-5)	5/7 Ron Masanz Track &
Sam Imholte	Fr St. Benedict	35.66m (117-0)	4/21 Hamline Capitol Ci
Kelly Lovett	Sr Carleton	35.40m (116-2)	4/30 St. Mary's Invite
Sarah Lemke	Sr St. Thomas	34.43m (112-11)	5/6 Meet of the UnSaint
Danelle Duppong	Fr St. Benedict	34.09m (111-10)	5/4 Tommie Twilight

20

Alana Profit	Fr Hamline	33.84m (111-0)	4/21 Hamline Capitol Ci
Laura Gonshorowski	So Concordia Moorhead	33.43m (109-8)	4/30 Al Cassell Relays
Tiasha Scott	Fr Hamline	33.11m (108-7)	4/30 11th Annual Drake
Andrea Heil	Fr Augsburg	32.95m (108-1)	4/21 Hamline Capitol Ci
Morgan Bubach	Fr Concordia Moorhead	32.14m (105-5)	4/30 Al Cassell Relays
Jessa Youso	So Carleton	31.62m (103-9)	5/4 Tommie Twilight
Maria Gans	Sr St. Benedict	30.90m (101-4)	3/18 Aztec open
AnnMarie Eliason	So St. Olaf	29.53m (96-10)	5/4 Tommie Twilight
Brianne Thompson	Jr Concordia Moorhead	28.71m (94-2)	4/15 University of Minn
Joleen Sterner	Sr St. Catherine	28.10m (92-2)	4/21 Hamline Capitol Ci

30

Lisa Beacher	So Gustavus	27.88m (91-6)	4/16 11th Annual Lee Kr
Maggie Gregg	Sr St. Benedict	17.93m (58-10)	4/2 Hamline Invitationa

32 entrants

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#) | [STEEP](#)  
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)  
[PV](#) | [HEP](#) | [Top](#)

HAMMER THROW

=====	NCAA Automatic	53.00m (173-11)	
Brenna Coyle	Jr Hamline	52.26m (171-5)	5/13 Miac Outdoor Champ
Sara Harstad	Sr Saint Mary's	51.17m (167-10)	5/13 Miac Outdoor Champ
Samantha Broderius	Sr Gustavus	48.34m (158-7)	5/13 Miac Outdoor Champ
Robyn Wernberg	Sr Hamline	47.98m (157-5)	5/6 Meet of the UnSaint
=====	NCAA Provisional	47.70m (156-6)	
Amy Maas	Jr St. Thomas	47.29m (155-2)	5/13 Miac Outdoor Champ
Sarah Lemke	Sr St. Thomas	46.78m (153-6)	5/6 Meet of the UnSaint
Clare Foley	Fr St. Benedict	44.55m (146-2)	5/13 Miac Outdoor Champ
Kierstin Nygaard	Sr Concordia Moorhead	44.55m (146-2)	5/13 Miac Outdoor Champ
Erin Leyden	Sr Augsburg	43.95m (144-2)	4/27 Hamline Women's Tw
Becky Culp	So Hamline	43.53m (142-9)	5/13 Miac Outdoor Champ

10

Laura Gonshorowski	So Concordia Moorhead	43.51m (142-9)	5/13 Miac Outdoor Champ
Allyson Hannemann	Jr Gustavus	43.42m (142-5)	5/13 Miac Outdoor Champ
Kassondra Burtis	Jr Saint Mary's	43.38m (142-4)	5/13 Miac Outdoor Champ
Megan Endresen	Jr Gustavus	43.28m (142-0)	4/30 11th Annual Drake
Hannah Volkman	Fr St. Thomas	42.95m (140-11)	5/13 Miac Outdoor Champ
Larissa Hansmeier	Sr Concordia Moorhead	41.31m (135-6)	5/13 Miac Outdoor Champ
Haley Zajac	Fr St. Thomas	40.86m (134-1)	5/13 Miac Outdoor Champ
=====	Last 2010 qualifier	40.47m (132-9)	
Maria Gans	Sr St. Benedict	39.11m (128-3)	5/4 Tommie Twilight
Courtney O'Donnell	So Hamline	38.25m (125-6)	5/6 Meet of the UnSaint
Emily Ford	Fr Gustavus	37.68m (123-7)	5/6 Meet of the UnSaint

20

Morgan Bubach	Fr Concordia Moorhead	36.74m (120-6)	5/3 Cobber Sunny Day Me
Becca Sawyer-Smith	Jr St. Olaf	36.31m (119-1)	4/30 Janis Rider Invita
Kelly Soderstrom	Fr Carleton	34.12m (111-11)	4/21 Hamline Capitol Ci
Kaisha Gomez	So Bethel	33.64m (110-4)	4/2 Hamline Invitationa
Rachel Neel	Fr Macalester	33.01m (108-3)	4/30 Janis Rider Invita
Alana Profit	Fr Hamline	32.96m (108-2)	5/6 Meet of the UnSaint
AnnMarie Eliason	So St. Olaf	30.32m (99-6)	5/4 Tommie Twilight
Jorden Priebe	Fr St. Catherine	30.22m (99-2)	5/4 Tommie Twilight
Carmen Dischinger	So Bethel	30.02m (98-6)	4/8 Falcon Invitational
Tiasha Scott	Fr Hamline	28.83m (94-7)	5/6 Meet of the UnSaint

30

Kao Sutton	Fr Carleton	27.74m (91-0)	4/10 Norse Relays
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Sam Imholte	Fr St. Benedict	27.63m (90-7)	4/30 Janis Rider Invita
Jasmine Eddy	Fr Macalester	26.85m (88-1)	5/6 Meet of the UnSaint
Love Odetola	Fr St. Olaf	26.32m (86-4)	4/27 Hamline Women's Tw
Amy Wenzel	So Augsburg	25.78m (84-7)	5/6 Meet of the UnSaint
Danelle Duppong	Fr St. Benedict	24.43m (80-2)	4/30 Janis Rider Invita
Andrea Heil	Fr Augsburg	24.36m (79-11 1/4)	4/21 Hamline Capitol Ci
Elissa Walter	Fr Carleton	24.22m (79-5 1/2)	4/10 Norse Relays
Maggie Gregg	Sr St. Benedict	22.39m (73-5 1/2)	4/2 Hamline Invitationa

39 entrants

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#) | [STEEP](#)  
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)  
[PV](#) | [HEP](#) | [Top](#)

JAVELIN THROW

Kelly Lovett	Sr Carleton	47.36m (155-4)	5/26 Ncaa Outdoor Champ
=====	NCAA Automatic	44.40m (145-8)	
Katherine Brott	Sr Concordia Moorhead	40.84m (134-0)	4/15 University of Minn
=====	NCAA Provisional	39.25m (128-9)	
Janey Helland	Sr Gustavus	37.60m (123-4)	5/26 Ncaa Outdoor Champ
Kaari Jensen	So Concordia Moorhead	36.07m (118-4)	5/13 Miac Outdoor Champ
Kristen Warren	Sr Concordia Moorhead	34.47m (113-1)	5/7 Ron Masanz Track &
Kendra Coleman	Fr St. Benedict	34.37m (112-9)	5/4 Tommie Twilight
Stephanie Meschke	So St. Catherine	32.67m (107-2)	5/13 Miac Outdoor Champ
Sarah Peterson	Sr Concordia Moorhead	32.55m (106-9)	4/15 University of Minn
Sam Imholte	Fr St. Benedict	32.47m (106-6)	5/13 Miac Outdoor Champ
Rachel Borka	Sr St. Thomas	32.25m (105-9)	4/21 Hamline Capitol Ci

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Callie Teigen	Jr St. Catherine	32.16m (105-6)	4/30 Janis Rider Invita
Alyssa Hewes	Fr St. Thomas	31.45m (103-2)	5/13 Miac Outdoor Champ
Jessa Youso	So Carleton	30.89m (101-4)	5/4 Tommie Twilight
Brianne Thompson	Jr Concordia Moorhead	30.65m (100-6)	5/13 Miac Outdoor Champ
Maria Gans	Sr St. Benedict	30.46m (99-11)	3/17 Aztec Open
Mary-Michael Vance	Jr Concordia Moorhead	30.33m (99-6)	5/7 Ron Masanz Track &
Sabrina Larson-Bushlack	So Saint Mary's	29.90m (98-1)	4/15 Esten Challenge
Nicki Ainsworth	Sr Gustavus	29.84m (97-11)	5/6 Meet of the UnSaint
Laura Secor	Sr Gustavus	29.53m (96-10)	4/21 Hamline Capitol Ci
Steph Kortan	Sr St. Benedict	29.52m (96-10)	4/8 Falcon Invitational

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Katie Ulvestad	Fr St. Olaf	29.22m (95-10)	4/27 Hamline Women's Tw
Erica Roelofs	Jr Gustavus	29.15m (95-7)	5/6 Meet of the UnSaint
=====	Last 2010 qualifier	28.40m (93-2)	
Clare Murn	So St. Benedict	28.39m (93-1)	5/5 2011 Miac Multis
Elissa Walter	Fr Carleton	28.29m (92-9)	4/10 Norse Relays
Danelle Duppong	Fr St. Benedict	27.44m (90-0)	4/30 Janis Rider Invita
Erica Holo	Jr Concordia Moorhead	26.87m (88-2)	4/15 University of Minn
Adrianna Acosta	Fr Hamline	26.85m (88-1)	5/6 Meet of the UnSaint
Sami Kemper	Fr Carleton	26.10m (85-7)	3/18 Aztec Invitational
Samantha Everson	Fr Concordia Moorhead	26.02m (85-4)	5/7 Ron Masanz Track &
Clare Franco	Jr Carleton	25.98m (85-3)	3/18 Aztec Invitational

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Macey Bentley	Sr Concordia Moorhead	25.66m (84-2)	5/5 2011 Miac Multis
Kyla Walter	Sr Carleton	25.42m (83-5)	5/5 2011 Miac Multis
Samantha Risan	Fr Concordia Moorhead	25.09m (82-3)	5/3 Cobber Sunny Day Me
Kaitlyn Lorsbach	Jr St. Olaf	24.69m (81-0)	4/30 Janis Rider Invita
Caroline Haik	Jr St. Benedict	24.37m (79-11 1/2)	3/17 Aztec Open
Brittany Dobmeier	Sr Hamline	24.18m (79-4)	4/30 11th Annual Drake
Maddie Ehrich	Fr St. Olaf	23.81m (78-1 1/2)	4/27 Hamline Women's Tw
Kristin Boyum	So Concordia Moorhead	23.62m (77-6)	4/30 Al Cassell Relays
Karen Kiser	Jr Macalester	23.20m (76-1 1/2)	5/4 Tommie Twilight
Kaylin Ness	Fr Concordia Moorhead	23.09m (75-9 1/4)	4/15 University of Minn

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Leah Christensen	Fr St. Benedict	22.31m (73-2 1/2)	4/8 Falcon Invitational
Kim Eskuri	Sr St. Benedict	22.08m (72-5 1/4)	4/30 Janis Rider Invita
Emily Swenson	So St. Benedict	21.57m (70-9 1/4)	5/5 2011 Miac Multis
Julia Renner	Jr St. Benedict	21.41m (70-3)	4/30 Janis Rider Invita
Carmen Dischinger	So Bethel	20.73m (68-0 1/4)	5/6 Howard Wood Dakota

Kaisha Gomez	So Bethel	19.61m (64-4)	4/8 Falcon Invitational
Emily Hughes	Fr St. Thomas	19.49m (63-11 1/2)	4/30 Janis Rider Invita
Kao Sutton	Fr Carleton	19.06m (62-6 1/2)	3/19 Point Loma
Maggie Sullivan	Fr Carleton	18.64m (61-2)	3/18 Aztec Invitational
Mandy Witschen	Fr St. Benedict	17.63m (57-10 1/4)	4/8 Falcon Invitational
50			
Rachel Darling	Sr St. Olaf	16.59m (54-5 1/4)	4/30 Janis Rider Invita
Kameron Argiannis	Sr Hamline	15.48m (50-9 1/2)	4/8 Falcon Invitational
Olivia Decker	Fr Concordia Moorhead	14.86m (48-9)	5/5 2011 Miac Multis
Danielle Bolme	Fr Concordia Moorhead	14.58m (47-10)	4/16 Women's Cobber-Dra

54 entrants

100 | 200 | 400 | 800 | 1500 | 5000 | 10000 | 100H | 400H | STEEP  
4X100 | 4X400 | 4X800 | LJ | TJ | SP | DT | HT | JT | HJ  
PV | HEP | Top

#### HIGH JUMP

=====	NCAA Automatic	1.71m (5-7 1/4)	
Alyssa Deutschmann	Sr Concordia Moorhead	1.70m (5-7)	5/7 Ron Masanz Track &
=====	NCAA Provisional	1.65m (5-5)	
Janey Helland	Sr Gustavus	1.63m (5-4 1/4)	5/26 Ncaa Outdoor Champ
Sarah Baker	Jr Gustavus	1.63m (5-4 1/4)	5/6 Meet of the UnSaint
Julia Renner	Jr St. Benedict	1.63m (5-4 1/4)	4/8 Falcon Invitational
Elise Raney	Fr St. Olaf	1.62m (5-3 3/4)	5/13 Miac Outdoor Champ
Kari Whitney	So Bethel	1.62m (5-3 3/4)	5/6 Howard Wood Dakota
Lauren West	So Bethel	1.62m (5-3 3/4)	5/6 Howard Wood Dakota
Stephanie Skoog	Fr Bethel	1.60m (5-3)	4/8 Falcon Invitational
Holly Schneidermayer	So Macalester	1.59m (5-2 1/2)	5/13 Miac Outdoor Champ
Rachel Borka	Sr St. Thomas	1.59m (5-2 1/2)	5/13 Miac Outdoor Champ
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Lynn Robohm	Jr Hamline	1.58m (5-2 1/4)	5/6 Meet of the UnSaint
Audrey Mills	Jr Macalester	1.58m (5-2 1/4)	5/6 Meet of the UnSaint
Kyla Walter	Sr Carleton	1.57m (5-1 3/4)	5/5 2011 Miac Multis
Kandace Bostick	Fr Augsburg	1.53m (5-0 1/4)	5/6 Meet of the UnSaint
Abby Karl	Sr Gustavus	1.53m (5-0 1/4)	4/16 11th Annual Lee Kr
Madeline Schmitz	Fr Gustavus	1.53m (5-0 1/4)	4/16 11th Annual Lee Kr
Nevada Wendlandt	Fr Gustavus	1.53m (5-0 1/4)	4/16 11th Annual Lee Kr
Linnea Erickson	Fr Bethel	1.52m (4-11 3/4)	5/6 Howard Wood Dakota
Kaari Jensen	So Concordia Moorhead	1.51m (4-11 1/2)	5/26 Ncaa Outdoor Champ
Hilary Thompson	Fr Concordia Moorhead	1.51m (4-11 1/2)	5/7 Ron Masanz Track &
20			
Olivia Decker	Fr Concordia Moorhead	1.51m (4-11 1/2)	5/5 2011 Miac Multis
Emily Swenson	So St. Benedict	1.51m (4-11 1/2)	5/5 2011 Miac Multis
Erin Coughlin	So St. Catherine	1.51m (4-11 1/2)	5/4 Tommie Twilight
Laurel Kennedy	Fr St. Benedict	1.51m (4-11 1/2)	4/8 Falcon Invitational
Sami Kemper	Fr Carleton	1.50m (4-11)	3/18 Aztec Invitational
=====	Last 2010 qualifier	1.50m (4-11)	
Macey Bentley	Sr Concordia Moorhead	1.48m (4-10 1/4)	5/5 2011 Miac Multis
Erin Daugherty	Fr St. Thomas	1.48m (4-10 1/4)	5/6 Meet of the UnSaint
Emily Hansen	So Gustavus	1.48m (4-10 1/4)	5/6 Meet of the UnSaint
Becca Neuger	Sr St. Olaf	1.48m (4-10 1/4)	4/30 Janis Rider Invita
Erin Haglund	So St. Olaf	1.48m (4-10 1/4)	4/30 Janis Rider Invita
30			
Ellen Hawley	So St. Olaf	1.48m (4-10 1/4)	4/30 Janis Rider Invita
Allyson Holtz	Fr St. Benedict	1.46m (4-9 1/2)	5/4 Tommie Twilight
Gina Michaels	Sr St. Thomas	1.46m (4-9 1/2)	4/8 Falcon Invitational
Mandy Witschen	Fr St. Benedict	1.45m (4-9)	5/5 2011 Miac Multis
Erica Roelofs	Jr Gustavus	1.45m (4-9)	5/5 2011 Miac Multis
Chelle Wanta	Fr St. Thomas	1.43m (4-8 1/4)	4/30 Janis Rider Invita
Kristin Boyum	So Concordia Moorhead	1.42m (4-7 3/4)	5/5 2011 Miac Multis
Britney Daniel	Sr St. Thomas	1.42m (4-7 3/4)	3/19 Point Loma Collegi
Kathryn Geskerman	So St. Olaf	1.41m (4-7 1/2)	5/4 Tommie Twilight
Clare Murn	So St. Benedict	1.40m (4-7)	4/8 Falcon Invitational
40			
Steph Kortan	Sr St. Benedict	1.37m (4-6)	4/8 Falcon Invitational
Laura Secor	Sr Gustavus	1.36m (4-5 1/2)	5/5 2011 Miac Multis
Jane Dorn	Fr St. Thomas	1.36m (4-5 1/2)	5/4 Tommie Twilight

Maddie Ehrich	Fr St. Olaf	1.36m (4-5 1/2)	4/8 Falcon Invitational
Kameron Argiannis	Sr Hamline	1.31m (4-3 1/2)	4/8 Falcon Invitational
Caroline Haik	Jr St. Benedict	1.29m (4-2 3/4)	3/17 Aztec Open
Kristen Soderman	Fr Bethel	1.25m (4-1 1/4)	4/2 Hamline Invitationa
Maggie Sullivan	Fr Carleton	1.20m (3-11 1/4)	3/18 Aztec Invitational

48 entrants

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#) | [STEEP](#)  
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)  
[PV](#) | [HEP](#) | [Top](#)

POLE VAULT

=====	NCAA Automatic	3.86m (12-8)	
Danielle Busch	So St. Benedict	3.71m (12-2)	5/13 Miac Outdoor Champ
Allyson Voss	So Gustavus	3.55m (11-7 3/4)	4/16 11th Annual Lee Kr
=====	NCAA Provisional	3.55m (11-7 3/4)	
Arlene Behling	Sr Hamline	3.46m (11-4 1/4)	5/6 Meet of the UnSaint
Carly Braun	So Hamline	3.41m (11-2 1/4)	5/13 Miac Outdoor Champ
Brittany Tuberg	So Augsburg	3.35m (10-11 3/4)	3/19 USC Trojan Invitat
Jennifer Ampe	Sr St. Catherine	3.31m (10-10 1/4)	5/13 Miac Outdoor Champ
Stephanie Jenkins	So Hamline	3.31m (10-10 1/4)	5/13 Miac Outdoor Champ
Megan Erlandson	Jr Carleton	3.31m (10-10 1/4)	5/13 Miac Outdoor Champ
Britney Daniel	Sr St. Thomas	3.31m (10-10 1/4)	5/4 Tommie Twilight
Haley Tsuji	Fr St. Catherine	3.25m (10-8)	4/2 Hamline Invitationa

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Nevada Wendlandt	Fr Gustavus	3.22m (10-6 3/4)	5/6 Meet of the UnSaint
Tessa Comstock	Jr Concordia Moorhead	3.16m (10-4 1/4)	5/13 Miac Outdoor Champ
Chey Reglin	So St. Benedict	3.16m (10-4 1/4)	5/13 Miac Outdoor Champ
Holly Hoffman	Jr Gustavus	3.16m (10-4 1/4)	5/13 Miac Outdoor Champ
Lauren Harn	Jr St. Olaf	3.10m (10-2)	4/30 Janis Rider Invita
=====	Last 2010 qualifier	3.06m (10-0 1/2)	
Kelley Frost	Sr Bethel	2.95m (9-8)	4/30 Janis Rider Invita
Kaitlyn Lorsbach	Jr St. Olaf	2.87m (9-5)	5/6 Meet of the UnSaint
Sarah Peterson	Sr Concordia Moorhead	2.80m (9-2 1/4)	5/3 Cobber Sunny Day Me
Jessica Norman	Sr St. Benedict	2.80m (9-2 1/4)	4/30 Janis Rider Invita
Abby Baier	Fr St. Thomas	2.75m (9-0 1/4)	4/8 Falcon Invitational

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Natasha Wright	Jr St. Thomas	2.71m (8-10 3/4)	5/4 Tommie Twilight
Becca Iten	Fr Saint Mary's	2.71m (8-10 3/4)	5/4 Tommie Twilight
Macaela Karnick	Fr St. Benedict	2.71m (8-10 3/4)	5/4 Tommie Twilight
Jessica Miller	Fr Bethel	2.65m (8-8 1/4)	4/30 Janis Rider Invita
Jessica Marken	Fr Concordia Moorhead	2.65m (8-8 1/4)	4/15 University of Minn
Mara Johnson-Groh	Fr Gustavus	2.50m (8-2 1/2)	4/16 11th Annual Lee Kr
Kaia Lunde	So Concordia Moorhead	2.10m (6-10 3/4)	4/16 Women's Cobber-Dra

27 entrants

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#) | [STEEP](#)  
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)  
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HEPTATHLON

Janey Helland	Sr Gustavus	5061	5/26 Ncaa Outdoor Champ
=====	NCAA Automatic	4575	
Kaari Jensen	So Concordia Moorhead	4414	5/26 Ncaa Outdoor Champ
=====	NCAA Provisional	4100	
Steph Kortan	Sr St. Benedict	4080	5/13 Miac Outdoor Champ
Macey Bentley	Sr Concordia Moorhead	4021	5/13 Miac Outdoor Champ
Julia Renner	Jr St. Benedict	3986	4/8 Falcon Invitational
Sami Kemper	Fr Carleton	3903	3/18 Aztec Invitational
Erica Roelofs	Jr Gustavus	3890	5/13 Miac Outdoor Champ
Clare Murn	So St. Benedict	3786	5/13 Miac Outdoor Champ
Kyla Walter	Sr Carleton	3742	5/13 Miac Outdoor Champ

Mandy Witschen 10	Fr St. Benedict	3639	5/13 Miac Outdoor Champ
Laura Secor	Sr Gustavus	3626	5/13 Miac Outdoor Champ
Olivia Decker	Fr Concordia Moorhead	3620	5/13 Miac Outdoor Champ
Kameron Argiannis	Sr Hamline	3470	4/8 Falcon Invitational
Emily Swenson	So St. Benedict	3460	5/13 Miac Outdoor Champ
Caroline Haik	Jr St. Benedict	3002	3/17 Aztec Open
Kristin Boyum	So Concordia Moorhead	2969	5/13 Miac Outdoor Champ
Maggie Sullivan	Fr Carleton	2965	3/18 Aztec Invitational
17 entrants			

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